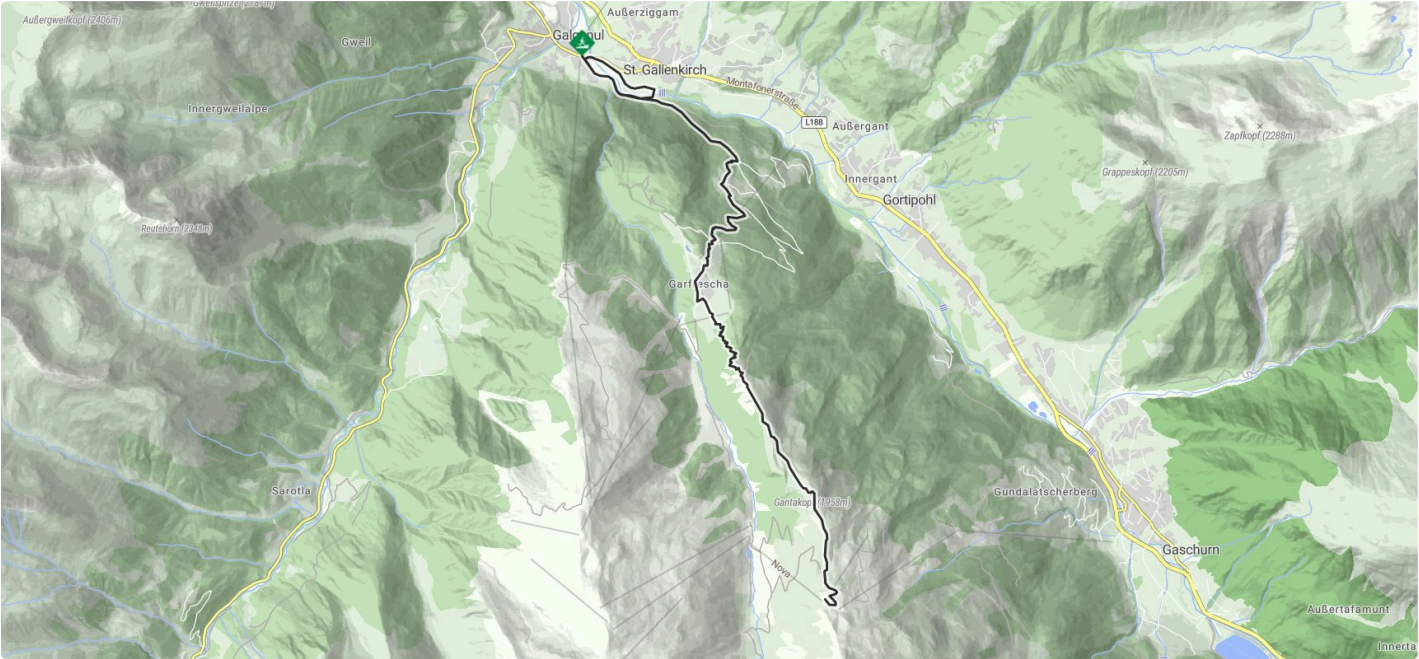


Montafon Totale Trail mountain run 10: length 10 km, 1,200 meters of altitude difference

DIFFICULT



Tour description

Valisera Bahn valley station - Garfrescha - Gantekopf - Nova Stoba

You can find all information about the running event here: <https://www.montafontotale.at/berglauf-10-km>

Hard, challenging and incredibly beautiful: In the Montafon Totale Trail, runners push their limits in the high alpine terrain while marveling at the beauty of the Montafon mountain world.



02:30 h
duration



9,2 km
Length



2006 m
Highest point



814 m
Lowest point



1200 m
Ascent



41 m
Descent

Directions

The Montafon Totale mountain run leads from the district Galgenul in St. Gallenkirch over a steep ascent to Garfrescha to the Gantekopf. Now you only have to cover a few meters to your destination today, the Nova Stoba. From there, you can take the Valisera Bahn directly down to the valley to St. Gallenkirch.

Safety instructions

EMERGENCY CALL: 144

European emergency number: 112 (works with any mobile phone/network)

www.vorarlberg.travel/sicherheitstipps

Destination

Nova Stoba

Starting Point

Valisera Bahn valley station

Tour type
Trail running | Running

Difficulty
● Difficult

Elevation profile



Condition	██████████
Technique	██████████
Difficulty	██████████
Result	██████████
Landscape	██████████

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
○	○	○	○	○	✓
✓	✓	✓	✓	○	○