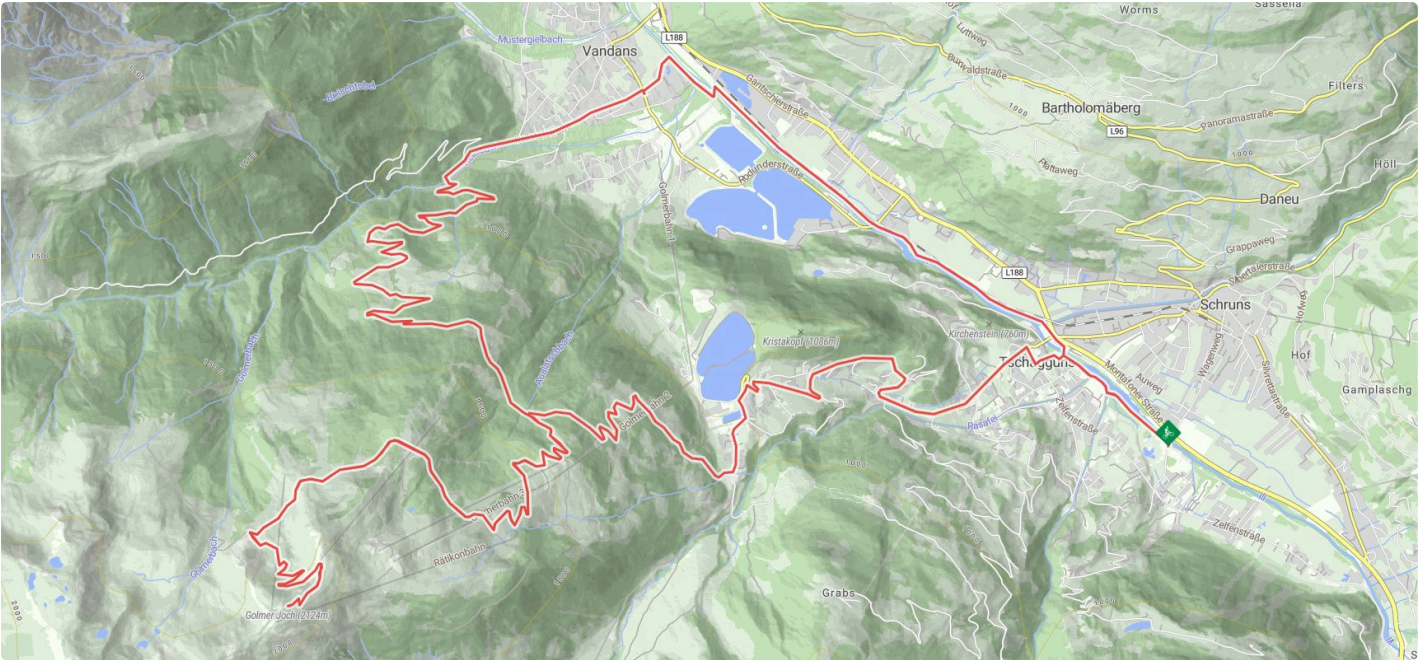


Bike & Hike Golmer Joch

Moderate

EINKEHRMÖGLICHKEIT



Tour description

A wonderful panoramic view of the surrounding mountains of the Rätikon is guaranteed!

At the Golmer Joch, a panorama opens up that makes you pause: the distinctive silhouette of the Zimba, the characteristic Three Towers, the majestic Sulzfluh, and the Schwarzhorn unfold their full beauty. This landscape invites you to feel the connection to nature on a deep level.

From the Grüneck mountain station, you reach the Golmer Joch **on foot**. The path requires stamina, but every effort is rewarded with incomparable views. It is an invitation to approach nature with respect and mindfulness and to enjoy the mountains in their silent majesty.

Approach

Coming from Bludenz, take the Bludenz/Montafon motorway exit and follow the L188 into Montafon to Schruns. The federal highway L188 leads you directly to Aktivpark Montafon, which is located on the right side of the road.

[maps.google.com](#)

Public transport

Just leave your car at home.

Arrival by train

From Bludenz station, the Montafonerbahn runs hourly (sometimes every half hour). There are also direct connections from Lindau (D) and from Bregenz.

[mbs train timetable](#)

Parking

Directly at the Aktivpark Schruns-Tschagguns, there are numerous parking options with an excellent starting point for your route.

05:05 h duration	31,5 km Length
2124 m Highest point	635 m Lowest point
1505 m Ascent	1505 m Descent

Tour type

(E-)Mountainbiken, Bike & Hike, Refreshment stops

Difficulty

Moderate

Elevation profile

Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
☐	☐	☐	☐	☒	☒
JUL	AUG	SEP	OKT	NOV	DEZ
☒	☒	☒	☐	☐	☐

Directions

From the starting point, Aktivpark Montafon in Schruns-Tschagguns, follow the bike path along the Ill to Vandans and then ride uphill towards Ganeu or Goritschang. It continues to Matschwitz and up to the Grüneck mountain hut, where you can securely leave your e-mountain bike. From here, you still need to hike about 30 minutes on foot up to the Golmer Joch, where a great summit cross with a beautiful panoramic view awaits you.

Bike: Aktivpark Montafon - Vandans - Ganeu / Goritschang - Matschwitz - Grüneck mountain hut

Hike: Grüneck mountain hut - Golmer Joch - Grüneck mountain hut

Bike: Grüneck mountain hut - Matschwitz - Latschau - Aktivpark Montafon

Equipment

Spare battery, charger, bike helmet, day bike backpack (approx. 20 liters) with rain cover, comfortable sports shoes, possibly bike shoes, weather-appropriate and durable clothing in a layering system, possibly bike jersey, possibly cycling gloves, air pump, bike tools, sun and rain protection, provisions and drinking water, water bottle and suitable holder, first aid kit, pocket knife, mobile phone, possibly mobile phone holder for the handlebars, possibly headlamp and reflectors, maps

Destination

Aktivpark Montafon, Schruns-Tschagguns

Starting Point

Aktivpark Montafon, Schruns-Tschagguns

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps