

M³ Montafon Mountainbike Marathon -
M² 2025 route // Sections only
rideable on race day!

EINKEHRMÖGLICHKEIT

DIFFICULT EINKEHRMÖGLICHKEIT RUNDTOUR



Tour description

Schruns - Silbertal - Kristberg - Rellseck - Bartholomäberg - Gantschier - Vandans - Matschwitz - Latschau - Bitschweil - Schruns

Important information for mountain bikers and hikers during the race time from approx. 8:00-11:30 a.m. in Silbertal:

During the M³ Montafon Mountainbike Marathon, all paths remain accessible. On the route Silbertal - Hasahüsl - Hochmoor "Wildried" - Kristberg, expect many mountain bikers from about 8:00 a.m. to about 11:30 a.m., some of whom will be moving quickly. All participants have been instructed to ride considerately. We ask path users to be extra alert, especially as participants of the M³ Montafon Mountainbike Marathon will be riding in "race mode." The road from Silbertal to Kristberg is a private road, which may only be used by authorized persons (valid permit required). Unauthorized use may result in a fine of €700.00 and a report.

The following sections may only be used on race day! - See pictures

- **Bartholomäberg** - Grünerwald path (Bartholomäberg towards Schruns)
- **Bartholomäberg** - Rellseck hiking trail towards Sailer's Legi
- **Bartholomäberg** - Baroque church via Gauenstein to Gantschier
- **Tschagguns** - Junkersboden
- **Schruns** - Stemer bridge to Schruns center

Approach

Take the A14 to the Bludenz/Montafon exit and continue on Montafonerstraße L188 to Schruns, then follow signs to the center of Schruns.

 06:00 h duration	 60,1 km Length
 1568 m Highest point	 636 m Lowest point
 2042 m Ascent	 2041 m Descent

Start	Ortszentrum
Finish	Ortszentrum
Tour type	(E-)Mountainbiken, Refreshment stops, Round trip
Difficulty	● Difficult

Elevation profile



Condition	
Technique	
Difficulty	
Result	
Landscape	

Public transport

Just leave your car parked.

The regional buses operate throughout the Montafon. The main lines run every half hour from Schruns train station.

Bus stop at the start/finish of the route: **Schruns train station**

Timetable: www.vmobil.at

Getting to Montafon by train

The Montafon railway runs hourly (partly half-hourly) from Bludenz station. There are also direct connections from Lindau (D) or from Bregenz.

Timetable: www.oebb.at

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
☐	☐	☐	☐	☐	☒
JUL	AUG	SEP	OKT	NOV	DEZ
☒	☒	☒	☒	☐	☐

Parking

Underground car park Löwen Hotel, Underground car park Park Center

Destination

Schruns, center

Starting Point

Schruns, center

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps