

Illradweg Schruns - Bludenz

MODERATE

EINKEHRMÖGLICHKEIT

FAMILIENFREUNDLICH



Tour description

Aktivpark Montafon - Vandans - Lorüns - Bludenz train station - return (same route)

An ideal route for beginners and families, but also for experienced bikers who want to build up their fitness. This route is passable with any city, trekking, or e-bike. There are numerous shopping, dining, and sightseeing options in Bludenz. If you want to avoid the climb between Lorüns and Vandans on the return trip, you can also use the Montafonerbahn to transport your bike.

 **02:00 h**
duration

↔ **27,4 km**
Length

 **676 m**
Highest point

 **558 m**
Lowest point

↗ **141 m**
Ascent

↘ **141 m**
Descent

Approach

Take the A14 to the Bludenz/Montafon exit and continue on Montafonerstraße L188 to Schruns. The federal road L188 leads you directly to Aktivpark Montafon, which is located on the right side of the road.

Public transport

Just leave your car.

Arrival by train to Montafon

From Bludenz train station, the Montafonerbahn runs every half hour. There are also direct connections from Lindau (D) and from Bregenz.

Timetable: www.oebb.at

Parking

Aktivpark Montafon in Schruns-Tschagguns

Directions

From Aktivpark Montafon in Schruns-Tschagguns, follow the Ill river bike path downstream to Kaltenbrunnen, Hosensee, and Roter Stein. Past the pilgrimage chapel Venser Bild in Vandans, the route continues through the municipality of Lorüns to Bludenz. The same route is taken on the way back to the starting point. If you want to avoid the climb between Lorüns and Vandans on the return trip, you can use the Montafonerbahn to transport your mountain bike.

Tour type (E-)Mountainbiken, Refreshment stops, Family-friendly

Difficulty ● Moderate

Elevation profile



Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
☐	☐	☒	☒	☒	☒
JUL	AUG	SEP	OKT	NOV	DEZ
☒	☒	☒	☒	☒	☐

Equipment

Spare battery, charger, bike helmet, daypack (approx. 20 liters) with rain cover, comfortable sports shoes, possibly cycling shoes, weather-appropriate and durable clothing in layers, possibly cycling jersey, possibly cycling gloves, air pump, bike tools, sun and rain protection, snacks and drinking water, water bottle and suitable holder, first aid kit, pocket knife, mobile phone, possibly phone holder for the handlebar, possibly headlamp and reflectors, map material

Tips

At the Milka Läderle in Bludenz, there is wonderfully tender chocolate!

Free activity card for (e-)mountain biking available at all Montafon tourist offices.

Destination

Aktivpark Montafon, Schruns-Tschagguns

Starting Point

Aktivpark Montafon, Schruns-Tschagguns

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps