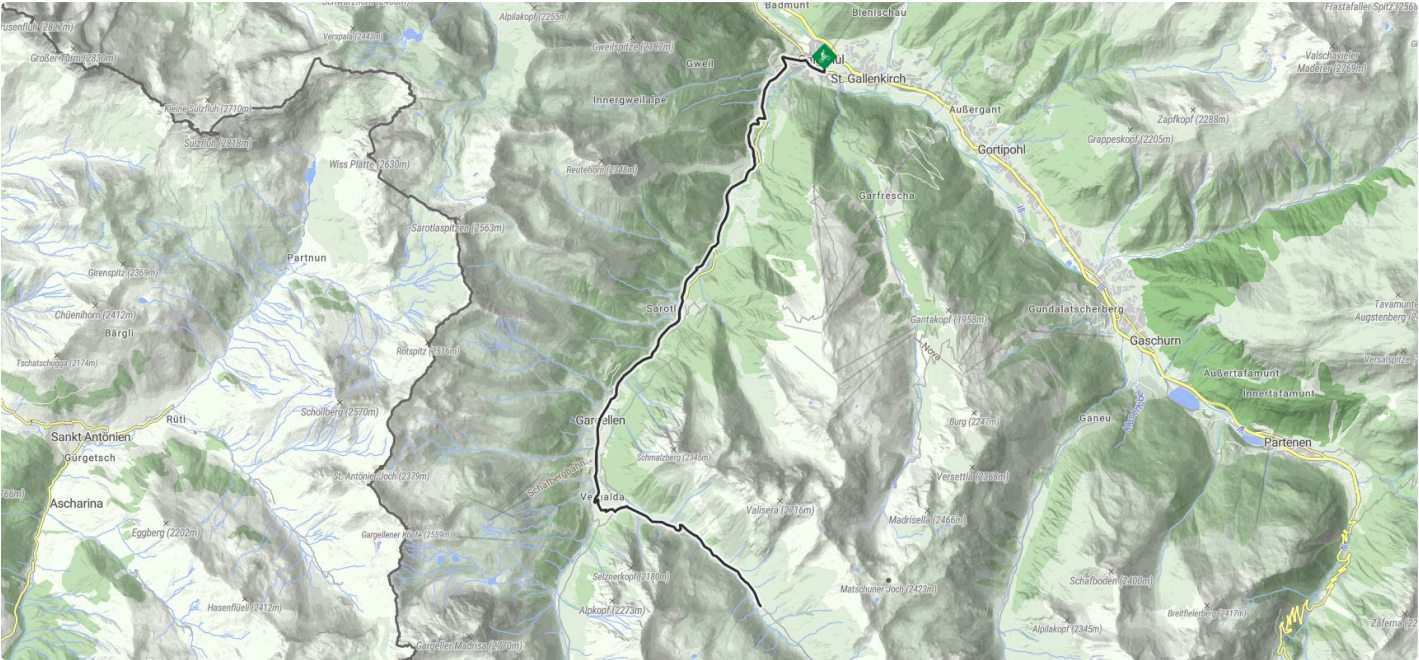


Vergaldaalp Tour

DIFFICULT

EINKEHRMÖGLICHKEIT



Tour description

This route leads from St. Gallenkirch to Gargellen and from there to the Vergaldaalp.

From St. Gallenkirch it goes up to Gargellen. The highest mountain village of Montafon, at 1,423 meters above sea level, presents itself in an original and natural way. Here you can enjoy the unique Montafon mountain world in relaxing peace. Near the Swiss border, the imposing Madrisa dominates the alpine valley end. Due to a continuous incline of about 10% - without significant flat sections - this route is quite demanding. Upon reaching Gargellen, the path continues through the idyllic Vergaldatal to the Vergaldaalp, where you can refresh yourself with local delicacies.

Directions

From St. Gallenkirch - to Gargellen - and from there into the Vergaldatal to the Vergaldaalp - return on the same path.

Equipment

Bicycle helmet, day backpack (approx. 20 liters) with rain cover, comfortable sports shoes, optionally cycling shoes, weather-appropriate and durable clothing in a layered system, optionally cycling jersey, optionally cycling gloves, pump, bicycle tools, sun and rain protection, provisions and drinking water, water bottle and suitable holder, first aid kit, pocket knife, mobile phone, optionally mobile phone holder for the handlebar, optionally headlamp and reflectors, map material

Destination

Silvretta Park Montafon (Valisera Bahn valley station)

Starting Point

Silvretta Park Montafon (Valisera Bahn valley station)

	03:30 h duration		26,0 km Length
	1820 m Highest point		816 m Lowest point
	1004 m Ascent		1004 m Descent

Tour type

(E-)Mountainbiken, Refreshment stops

Difficulty

● Difficult

Elevation profile



Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN

FEB

MÄR

APR

MAI

JUN

JUL

AUG

SEP

OKT

NOV

DEZ

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps
