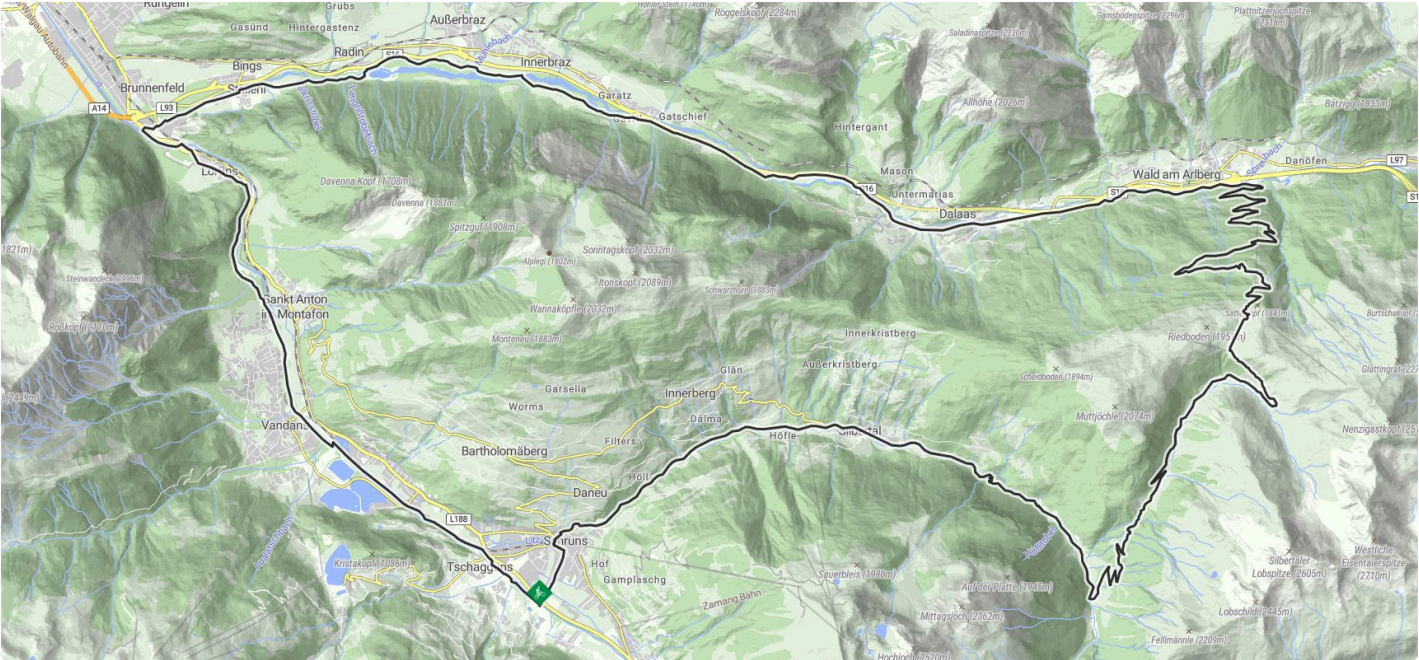


Wasserstubental route

DIFFICULT

EINKEHRMÖGLICHKEIT

RUNDTOUR



Tour description

Aktivpark Montafon - Schruns - Silbertal - Alpengasthaus Fellimännle - Jausenstation Hasahüsli - Wasserstubental - Obere Wasserstubenalpe - Bergstation Sonnenkopfbahn - Talstation Sonnenkopfbahn - Dalaas - Braz - Stallehr - Lorüns - St. Anton im Montafon - Vandans - Aktivpark Montafon

The route through the pristine Wasserstubental leads into the neighboring Klostertal and back again. After a steady, partly steep ascent through Silbertal and the Wasserstubental, you reach the Sonnenkopf. Here you are rewarded with a wonderful view of the surrounding mountain worlds before it goes back down into the Klostertal. Slightly downhill along the Alfenz stream, you recover from the altitude gained until you reach the turnoff to Montafon. The path leads back to the starting point at Aktivpark Montafon in Schruns-Tschagguns via the communities of Lorüns, St. Anton i. M., and Vandans.

Approach

Take the A14 to the Bludenz/Montafon exit and continue on Montafonerstraße L188 to Schruns. The federal road L188 leads you directly to Aktivpark Montafon, which is located on the right side of the road.

Public transport

Just leave your car behind.

The regional buses run throughout Montafon. The main lines run every half hour from Schruns station.

Bus stop at the start/finish of the route: **Schruns Sports Ground/Aktivpark / line 2a, line 2b**

Timetable: www.vmobil.at

Arrival by train to Montafon

The Montafon Railway runs every half hour from Bludenz station. There are also direct connections from Lindau (D) and Bregenz.

Timetable: www.oebb.at

Parking

Aktivpark Montafon in Schruns-Tschagguns

 07:00 h duration	 57,9 km Length
 1841 m Highest point	 575 m Lowest point
 1289 m Ascent	 1289 m Descent

Tour type

(E-)Mountainbiken, Refreshment stops, Round trip

Difficulty

● Difficult

Elevation profile



Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
☐	☐	☐	☐	☒	☒
JUL	AUG	SEP	OKT	NOV	DEZ
☒	☒	☒	☒	☐	☐

Directions

The first seven kilometers you ride on the road, first to Schruns and then further into the village Silbertal. Then you continue on forest roads, gently ascending to the inn Fellimännle and the snack station Hasahüsli. Now you have 1000 meters of elevation until the mountain restaurant Sonnenkopf ahead of you. From there, it goes downhill, first on forest paths to the valley station of the Sonnenkopf cable car and then gently downhill on bike paths along the Alfenz river to the turnoff to Montafon. Via the communities of Lorüns, St. Anton i. M., and Vandans, the path leads back to the starting point at Aktivpark Montafon.

Equipment

Spare battery, charger, bicycle helmet, day bike backpack (approx. 20 liters) with rain cover, comfortable sports shoes, possibly bike shoes, weather-appropriate and durable layered clothing, possibly cycling jersey, possibly cycling gloves, air pump, bicycle tools, sun and rain protection, snacks and drinking water, water bottle and suitable holder, first-aid kit, pocket knife, mobile phone, possibly mobile phone holder for the handlebar, possibly headlamp and reflectors, maps

Tips

At the Obere Wasserstubenalpe you can taste traditionally made Montafoner Sura Kees and alpine butter while enjoying the silence of the mountains. **The alp is only open during the summer months (approximately mid-June to mid-September).**

Free activity cards for e-mountain biking are available at all Montafon tourism offices.

Destination

Aktivpark Montafon, Schruns-Tschagguns

Starting Point

Aktivpark Montafon, Schruns-Tschagguns

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps