

Grabser route

DIFFICULT

EINKEHRMÖGLICHKEIT

RUNDTOUR



Tour description

Aktivpark Montafon - Illweg - Tschagguns - Latschaustraße - Latschau - Gafazutweg - Grabs -
Berggasthof Grabs - Bitschweil - Aktivpark Montafon

From Aktivpark Montafon in Schruns-Tschagguns, the route leads through the center of Tschagguns over a short but steep climb to Latschau. If you want to take a break here, you can use the extensive offerings of Flying-Fox-Golm, Waldseilpark-Golm, or Alpine-Coaster-Golm. The path continues along the Gafazutweg to Berggasthof Grabs, the highest point of the route. After a hearty snack, it goes downhill via the Oberstufe Gampelders power plant to Bitschweil. The route then follows the paved but winding and narrow Bitschweilstraße back to the starting point at Aktivpark Montafon in Schruns-Tschagguns.

 02:55 h
duration

↔ **19,9 km**
Length

 **1378 m**
Highest point

 661 m
Lowest point

↗ **744 m**
Ascent

744 m
Descent

Approach

Take the A14 to the Bludenz/Montafon exit and continue on the Montafonerstraße L188 to Schruns. The federal road L188 leads you directly to Aktivpark Montafon, which is located on the right side of the road.

Public transport

Just leave your car behind.

The regional buses run throughout the Montafon. The main lines run every half hour from Schruns station.

Bus stop at the start/finish of the route: **Schruns Sportplatz/Aktivpark / Line 2a, Line 2b**

Timetable: www.vmobil.at

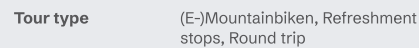
Getting to Montafon by train

From Bludenz station, the Montafonerbahn runs hourly (partly every half hour). There are also direct connections from Lindau (D) or Bregenz.

Timetable: www.oebb.at

Parking

Aktivpark Montafon in Schruns-Tschagguns



Difficulty ● Difficult

Elevation profile

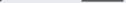


Condition

Technique

Difficulty

Result

Landscape 

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
☐	☐	☐	☒	☒	☒
JUL	AUG	SEP	OKT	NOV	DEZ
☒	☒	☒	☒	☐	☐

Directions

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Equipment

Bicycle helmet, day backpack (approx. 20 liters) with rain cover, comfortable sports shoes, possibly cycling shoes, weather-appropriate and durable layered clothing, possibly cycling jersey, possibly cycling gloves, air pump, bicycle tools, sun and rain protection, provisions and drinking water, water bottle and suitable holder, first aid kit, pocket knife, mobile phone, possibly handlebar phone holder, possibly headlamp and reflectors, maps

Tips

Free active map for (e-)mountain biking available at all Montafon tourist offices.

Destination

Aktivpark Montafon, Schruns-Tschagguns

Starting Point

Aktivpark Montafon, Schruns-Tschagguns

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps