

Parking

Parking at the Valisera Bahn valley station

Directions

From St. Gallenkirch, the route leads on moderate climbs to Garfrescha, a popular alpine hamlet. Besides the impressive traditional alpine houses, there are already the first opportunities to stop, e.g., at the restaurant Brunellawirt or the Alpengasthof Garfrescha. Then it continues into the idyllic Novatal with lush meadows and clear air. On beautifully hilly terrain, the route leads to Alpe Nova at 1,730 meters above sea level. The alp is known for its delicious dairy products. You shouldn't miss the Montafoner sour cheese ("Sura Kees").

Equipment

Spare battery, charger, bicycle helmet, day bike backpack (approx. 20 liters) with rain cover, comfortable sports shoes, possibly cycling shoes, weather-appropriate and durable clothing in layers, possibly cycling jersey, possibly cycling gloves, air pump, bicycle tool, sun and rain protection, provisions and drinking water, water bottle and suitable holder, first aid kit, pocket knife, mobile phone, possibly mobile phone holder for the handlebar, possibly headlamp and reflectors, map material

Tips

Free activity map (e-)mountain bike available at all Montafon tourist offices.

Destination

Silvretta Park Montafon (Valisera Bahn valley station)

Starting Point

Silvretta Park Montafon (Valisera Bahn valley station)

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps
