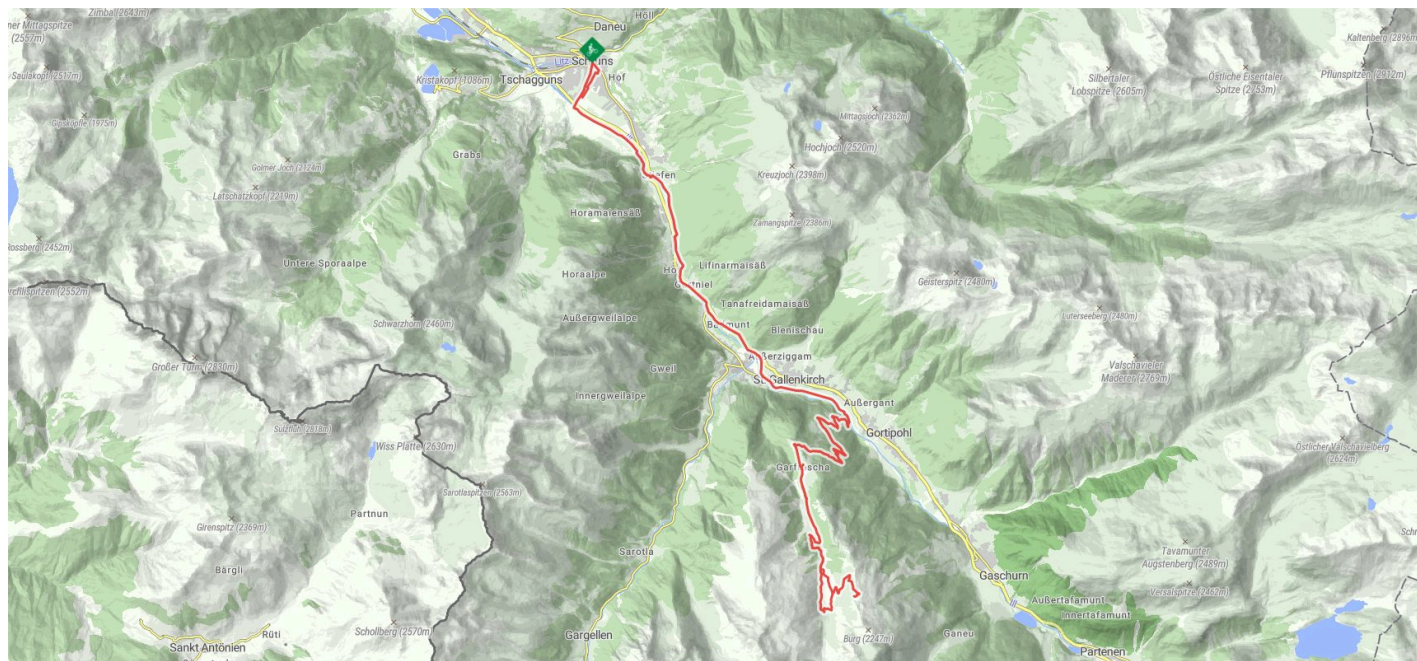


M³ Montafon Mountainbike Marathon - Route e-mountainbike enjoyment round 2025

MODERATE

EINKEHRMÖGLICHKEIT



Tour description

With the impressive peaks of Rätikon, Verwall, and Silvretta always in view, the total 45-kilometer route whets your appetite for the three culinary highlights of the tour. Regional specialties are served to you.

This route is done as part of the M³ Montafon Mountainbike Marathon on Saturday, July 26, 2025. The refreshments therefore take place only on this day.

Start: 08:30 am, Schruns center (meeting point 8:00 am at Kirchplatz)

Start number distribution: until 08:00 am, Kirchplatz Schruns

Ranking: no timing. The focus is on a feast for the eyes and palate.

Registration: [To registration](#)

These culinary delights await you

The e-mountainbike enjoyment route is—as the name already suggests—a route for true connoisseurs. On this leisurely route toward St. Gallenkirch, you can expect not only breathtaking views of the surrounding mountain world but repeatedly also homemade culinary delights—pure enjoyment.

Starter:

At the start of the enjoyment route, Andrea and Andreas spoil you with a genuine Montafon specialty—marinated “Sura Kees” directly from Alpe Nova. If it's cooler outside, alternatively a homemade cheese soup provides comforting warmth. And as a special highlight, son Roman plays his Styrian harmonica while you enjoy the regional delicacies.

Main course:

At the second stop of the enjoyment route in Nova Stoba, it's all about pasta—a real highlight for all noodle lovers. The chef conjures up two delicious pasta dishes, one of which is even homemade. Let yourself be surprised and enjoy fine alpine pasta creations in a unique mountain setting!

Dessert:

At the third stop of the culinary tour through Montafon, the sweet finale awaits you! The team at Vermalawirt spoils you with heavenly desserts—from fluffy Kaiserschmarrn to a refreshing blueberry ice cream cup, to classic apple strudel with vanilla ice cream or cream. A moment of enjoyment you should not miss!

Our tip: You can rent your e-mountainbike for the Montafon e-mountainbike enjoyment route at a [sports shop in Montafon](#) or at [Intersport Fisher](#) (10% discount on the event day). A reservation in advance is recommended.

Approach

Take the A14 to exit Bludenz/Montafon and continue on Montafonerstraße L188 to Schruns, then follow the signs to the center of Schruns.

Public transport

Just leave your car at home.

The regional buses run throughout Montafon. Main lines run every half hour from Schruns station.

Bus stop at the start/finish of the route: **Schruns station**

Timetable: [www.vmobil.at](#)

Train arrival to Montafon

From Bludenz station, the Montafonerbahn runs hourly (partly half-hourly). There are also direct connections from Lindau (D) and from Bregenz.

Timetable: [www.oebb.at](#)

 05:25 h duration	 42,9 km Length
 1996 m Highest point	 674 m Lowest point
 1361 m Ascent	 1361 m Descent

Start

Finish

Tour type

Difficulty

Ortszentrum

Ortszentrum

(E-)Mountainbiken, Refreshment stops

Moderate

Elevation profile



Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
☐	☐	☐	☐	☐	☐
JUL	AUG	SEP	OKT	NOV	DEZ
☒	☐	☐	☐	☐	☐

Parking

Underground garage Löwen Hotel, underground garage Park-Zentrum

Directions

This route focuses on a feast for the eyes and palate. From Schruns, you cycle valley inward to St. Gallenkirch and further uphill to Garfrescha and Alpe Nova. After a small refreshment, you head uphill for about 30 minutes to Nova Stoba for a cozy lunch and fellowship. Refreshed, you then go downhill back to Garfrescha and to Brunnelawirt, where a delicious dessert awaits. Filled with many beautiful impressions, you cycle the last kilometers back to Schruns.

It is recommended to travel by public transport.

Equipment

It is advisable to bring a backpack with drinks as well as rain and sun protection.

Tips

Note: In this exclusive form, the route takes place once this year on July 26, 2025, as part of the M³ Montafon Mountainbike Marathon.

Destination

Schruns, center

Starting Point

Schruns, center

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps
