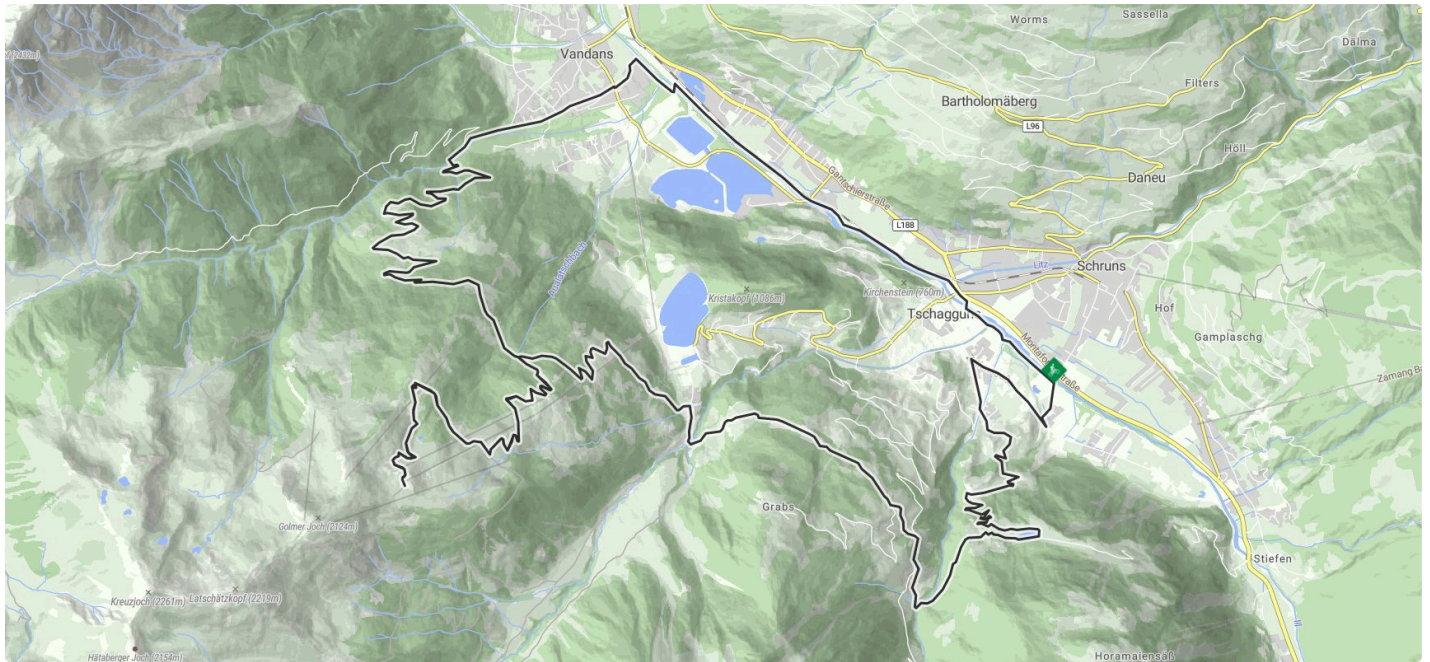


Golm Tour

DIFFICULT

EINKEHRMÖGLICHKEIT

RUNDTOUR



Tour description

This route takes you from Aktivpark Montafon via the idyllic Ganeu service road to the Grüneck mountain station and back through picturesque places like Latschau and Bitschweil - with varied landscapes and cozy places to stop.

You start your route from Aktivpark Montafon in Schruns-Tschagguns with a relaxed warm-up phase on the cycle path towards Vandans. The Ganeu service road leads you into a world of silence and serenity – past dense forests, lush meadows, and the traditional maize huts of the region. Here you can experience the original Montafon cultural landscape in a particularly intense way.

A last opportunity to stop before the highest point of the tour, the Grüneck mountain station, is offered by Haus Matschwitz in the idyllic maize hut settlement of the same name. The return route from Grüneck follows the well-known trail to Matschwitz and continues through the picturesque places Latschau, Ziegerberg, and Bitschweil (with the inviting Bitschweil inn), until you finally reach Aktivpark Montafon again.

Please note that **descending into the Gauertal is not permitted**. Careful treatment of nature and observance of the rules help preserve the uniqueness of this landscape.

Approach

Drive on the A14 to the Bludenz/Montafon exit and continue on Montafonerstraße L188 to Schruns. The federal road L188 leads you directly to Aktivpark Montafon, which is located on the right side of the road.

Public transport

Just leave your car behind.

Arrival by train to Montafon

The Montafon Railway runs hourly (sometimes every half hour) from Bludenz station. There are also direct connections from Lindau (Germany) or from Bregenz.

Timetable: www.oebb.at

Parking

Aktivpark Montafon in Schruns-Tschagguns

	05:00 h duration		32,3 km Length
	1892 m Highest point		635 m Lowest point
	1337 m Ascent		1337 m Descent

Tour type	(E-)Mountainbiken, Refreshment stops, Round trip
Difficulty	● Difficult

Elevation profile



Condition	Technique	Difficulty	Result	Landscape
Condition	Technique	Difficulty	Result	Landscape

Best time of year

JAN	FEB	MÅR	APR	MAI	JUN
☐	☐	☐	☐	☐	☒
JUL	AUG	SEP	OKT	NOV	DEZ
☒	☒	☒	☐	☐	☐

Directions

From Aktivpark Montafon in Schruns-Tschagguns you first ride comfortably on the cycle path towards Vandans. Here you turn onto the Ganeu service road, which takes you through forests, meadows, and past traditional maize huts. Shortly before the highest point of the route you reach Haus Matschwitz, an ideal place for a break. From there it continues to the Grüneck mountain station. The return route runs via the well-known path to Matschwitz and then takes you through Latschau, Ziegerberg, and Bitschweil back to the starting point at Aktivpark Montafon. Note that descending into the Gauertal is not allowed.

Equipment

Spare battery, charger, bike helmet, day cycling backpack (approx. 20 liters) with rain cover, comfortable sports shoes, possibly cycling shoes, weather-appropriate and durable clothing in layers, possibly cycling jersey, possibly cycling gloves, pump, bike tools, sun and rain protection, provisions and drinking water, water bottle and suitable holder, first aid kit, pocket knife, mobile phone, possibly phone holder for the handlebar, possibly headlamp and reflectors, map material

Tips

Use the stop at Haus Matschwitz to refresh yourself before you tackle the last ascent to the Grüneck mountain station.

Free Aktivkarte for (e-)mountain biking available at all Montafon tourist offices.

Destination

Aktivpark Montafon in Schruns-Tschagguns

Starting Point

Aktivpark Montafon in Schruns-Tschagguns

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps