

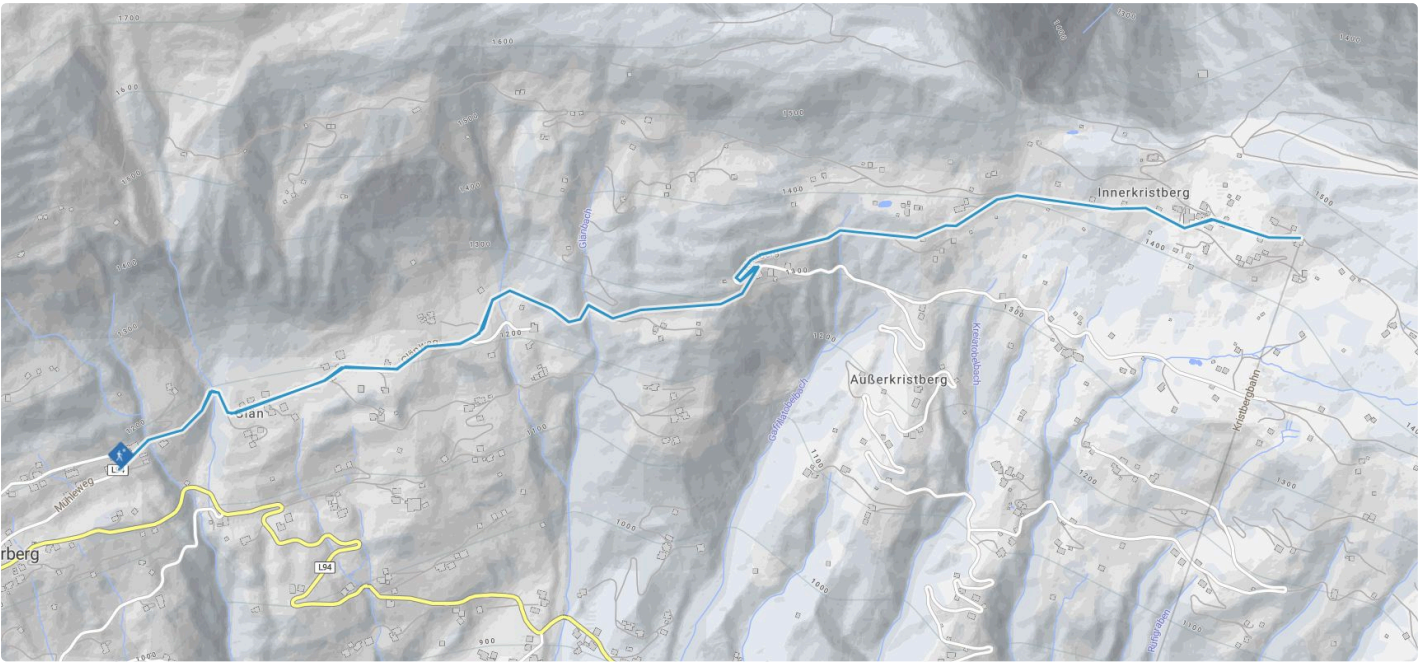
Innerberg via Glän to Kristberg and back

EASY

EINKEHRMÖGLICHKEIT

RUNDTOUR

BERGBAHNAUF-/ABSTIEG



Tour description

Step by step, you leave the village life in Bartholomäberg behind and stroll leisurely through the picturesque winter landscape far from hustle and bustle towards Kristberg!

Approach

Take the A14 to the Bludenz/Montafon exit and continue on Montafonerstraße L188 to St. Anton im Montafon. At St. Anton, turn left (directly at the station) and follow the road to Bartholomäberg

Public transport

Just leave your car standing

The regional buses operate throughout Montafon. The main lines run every half hour from Schruns station.

Bus stop at the start/finish of the route: **Bartholomäberg Gasthaus Mühle / Line 84**

Timetable: www.vmobil.at

Arrival by train to Montafon

From Bludenz station, the Montafon railway runs hourly (partly every half hour). There are also direct connections from Lindau (D) and from Bregenz.

Timetable: www.oebb.at

Parking

Gasthaus Mühle Innerberg

02:15 h duration	7,04 km Length
1442 m Highest point	1173 m Lowest point
269 m Ascent	269 m Descent

Tour typeWinter hiking, Bergbahnauf/-abstieg, Refreshment stops, Round trip

Difficulty

● Easy

Elevation profile

Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
✓	✓	✓	✓	○	○
○	○	○	○	○	✓

Directions

The hike starts at the Gasthaus Mühle in Innerberg. You hike along the Glänweg and over the Totabühel to the Kristberg cable car mountain station. After a refreshment at the Knappastoba or Gasthof Kristberg, you hike back the same way to Innerberg.

Equipment

Day hiking backpack (approx. 20 liters) with rain cover, comfortable and waterproof winter boots or sturdy hiking boots, possibly crampons and gaiters, warm and weatherproof clothing in layers, hat/headband, scarf, gloves, sun and rain protection, provisions and drinking water, thermos with hot drink, first aid kit, pocket knife, mobile phone, possibly headlamp, map material, possibly telescopic poles

Tips

There is the option to take the Kristberg cable car down to Silbertal and then return by public bus (No. 88) to Schruns. For this option, it is advisable to already take the public bus (No. 84) to Innerberg.

Destination

Innerberg, Gasthaus Mühle

Starting Point

Innerberg, Gasthaus Mühle

Sicherheitstipps für Winterwandern in Vorarlberg

NOTRUF:

140 - Alpine Notfälle österreichweit

144 - Alpine Notfälle Vorarlberg

112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

Wetterbedingt kann es vorkommen, dass die Wanderwege nicht täglich frisch gespurt werden. Je nach Schnee- und Wetterverhältnissen kann es zu Änderungen kommen.

www.vorarlberg.travel/sicherheit-am-berg-winter/
