

Sonnenbalkon Tour Bartholomäberg - Silbertal

Moderate

Einkehrmöglichkeit

Familienfreundlich

Rundtour



Tour description

The Montafon presents itself from its sunniest side on this route. This route includes everything that makes the biker's heart beat faster.

Take a deep breath and enjoy the impressive view of the Rätikon peaks: With the most hours of sunshine in the Montafon, Bartholomäberg at 1,100 meters above sea level is a paradise for sun lovers. As the "cradle of the Montafon," the place impresses with a culture thousands of years old and a fascinating mining history – experience it up close in the historical mine and at archaeological excavations. On the Kristberg stands one of the oldest churches in the Montafon, the St. Agatha Miners' Chapel (1450). Along the forest road and past the upper station of the Kristbergbahn, the path continues with slight ups and downs valleywards. Shortly after you reach the Kneipp facility Siebenbrünnele. Seven springs come together here, inviting you to Kneipp therapy with a wonderful panorama. Follow the path straight on to the Wildried viewpoint. A great viewpoint and another resting place to linger. You will reach Wildried itself shortly after. Then the path leads downhill to Lobsteg. Along the Burtscha stream, the descent through the Wasserstübenental begins. Over the snack station Hasahüsli and the alpine inn Fellimännle you follow the parallel flowing Litz into the Silbertal and back to Schruns.

Hunting area notice: In the vicinity of Fritzensee, Falla, Küngsmaisäb, Alpe Latons, and Rellseck you are in a hunting area.

It is therefore recommended to refrain from hiking, (e-)mountain biking, and similar leisure activities in this area from 10.10 to 24.10 between 5 p.m. and 8 a.m., and from 25 October until probably mid-December from 4 p.m. to 8 a.m.

Thank you for your understanding.

Approach

Take the A14 to the Bludenz/Montafon exit and continue on Montafonerstraße L188 to Schruns. The federal road L188 leads you directly to Aktivpark Montafon, which is on the right side of the road.

 06:40 h duration	 43,9 km Length
 1576 m Highest point	 618 m Lowest point
 1177 m Ascent	 1177 m Descent

Tour type

(E-)Mountainbiken, Refreshment stops, Round trip, Family-friendly

Difficulty

Moderate

Elevation profile



Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

Public transport

Just leave your car behind.

The regional buses operate throughout the Montafon. The main lines run every half hour from Schruns train station.

From here you can easily reach the starting point by bike or ride directly from the station towards Bartholomäberg.

Timetable: www.vmobil.at

Arrival by train to Montafon

The Montafonerbahn runs every half hour from Bludenz station. There are also direct connections from Lindau (D) and Bregenz.

Timetable: www.oebb.at

Parking

Parking spaces are located at Aktivpark Montafon in Schruns-Tschagguns.

Directions

From Aktivpark, you cycle gently downhill on the bike path to St. Anton im Montafon. From here, the route follows federal road L95 uphill to Bartholomäberg and further to the Fritzenssee turnoff. The route continues on gravel roads past Fritzenssee, partly downhill, to Kristberg and further to Wildried. From here it is all downhill on gravel road to Fellimännle and further into the Silbertal. The last part of the route takes you back to Schruns on federal road L188.

Equipment

Spare battery, charger, bicycle helmet, day backpack (approx. 20 liters) with rain cover, comfortable sports shoes, if applicable cycling shoes, weather-appropriate and durable clothing in layers, if applicable cycling jersey, if applicable cycling gloves, air pump, bicycle tools, sun and rain protection, provisions and drinking water, water bottle and suitable holder, first aid kit, pocket knife, mobile phone, if applicable mobile phone holder for the handlebar, if applicable headlamp and reflectors, map material

Activity map for (e-)mountain biking

Tips

A stop at the Wildried viewpoint is definitely worth it. Here you have a beautiful view over the Silbertal, which you will then descend after a short detour into the Wasserstubental. Not far from there is the Wildried raised bog. A short break here is also worthwhile as it shows its beauty in every season.

Free activity map for (e-)mountain biking available at all Montafon tourism offices.

Destination

Aktivpark Montafon, Schruns-Tschagguns

Starting Point

Aktivpark Montafon, Schruns-Tschagguns

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps
