

Sports arena way

- EASY
- ALPENMOSAIK - TAL
- EINKEHRMÖGLICHKEIT
- FAMILIENFREUNDLICH
- KINDERWAGENTAUGLICH
- RUNDTOUR



Tour description

Der Sportarenaweg verbindet bedeutende Sportstätten in Schruns-Tschagguns mit einem gemütlichen Spaziergang entlang der Ill und ist dabei meist angenehm schattig.

Entlang des Sportarenawegs entdeckst Du verschiedene Sportstätten, an denen bereits international bekannte Sportler trainiert und Erfolge gefeiert haben. Die gemütliche Runde verläuft durch die Talsohle von Schruns-Tschagguns und zeigt Dir die Region aus einer sportlichen Perspektive.

Der Weg führt beidseitig entlang der Ill und bietet mit Ruhebänken und frischem Quellwasser angenehme Möglichkeiten für kleine Pausen. Gleichzeitig liegen mit der Schanzenanlage Tschagguns, dem Golfplatz, dem Vorarlberger Schulsportzentrum und dem Alpenbad Montafon mehrere markante Stationen entlang der Runde.

What is the Montafon Alpine Mosaic?

The Montafon Alpine Mosaic showcases the scenic diversity of the Montafon. Four exploration areas—Verwall, Silvretta, Rätikon, and the valley—reveal how geology, nature, and the cultural landscape are interconnected.

Along 34 themed trails, you can discover the unique features of these diverse landscapes. Starting points, themes, and stories along the trails continually offer you new perspectives on the Montafon.

So: Choose an exploration area, lace up your hiking boots, and discover the diversity of the Montafon step by step.

You can find more information about the Montafon Alpine Mosaic [HERE](#).

01:30 h duration	6,01 km Length
698 m Highest point	659 m Lowest point
39 m Ascent	39 m Descent

Start

Finish

Tour type

Difficulty

Aktivpark Montafon

Aktivpark Montafon

Themenweg, Hiking, Alpine mosaic - valley, Alpine mosaic, Refreshment stops, Round trip, Family-friendly, Suitable for prams

● Easy

Elevation profile

Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
✓	✓	✓	✓	✓	✓
JUL	AUG	SEP	OKT	NOV	DEZ
✓	✓	✓	✓	✓	✓

Starting Point - Directions - End Point

Starting Point

Schruns, Sports Field / Activity Park

Directions

From the Montafon Activity Park, first follow the sign toward St. Gallenkirch. After about 400 meters, the path branches off to the right toward the Tschagguns ski jump complex. At the main road, you'll see the ski jump facility on the opposite side of the street. Then walk back along the same path to the bike path.

Once you reach the bike path, follow it to the right, past the golf course. After a while, you'll reach a pedestrian bridge and cross the Ill River. On the other side, the walking path leads you back toward the Aktivpark. Along the way, you'll pass the Zamang Bahn valley station and the soccer stadium.

Stay on this side of the Ill until you reach the parking lot across from the Sutterlüty. There, cross the pedestrian bridge and turn left immediately afterward onto the Ill Bike Path. Passing the Negrelli Fountain and the Vorarlberg School Sports Center, the trail leads you back to the Aktivpark. Just before the finish, you'll see the Alpenbad Montafon on your right.

End Point

Schruns, Sports Field / Aktivpark

Getting to the starting point

Getting to the Starting Point

The starting point for the tour is the Aktivpark Montafon in Schruns-Tschagguns.

By public transportation:

The Montafon regional bus and the Montafonerbahn provide convenient and flexible travel throughout the valley. Trains and buses run regularly between the towns, every half hour or every hour depending on the route. You can find the right connection [HERE](#). Bus stop at the start/end of this tour: Schruns Sportplatz / Aktivpark

By car:

Take the A14 to the Bludenz/Montafon exit, then follow the Montafoner Straße L188 to Schruns-Tschagguns. The L188 leads directly to the Aktivpark Montafon. Free parking is available at the park.

Important Notes

For the walk, we recommend wearing comfortable, sturdy shoes and weather-appropriate clothing.

Tips

Along the route, you'll find several places to take a short break. The Negrelli Fountain, in particular, is a great spot to linger.

[Learn more about the Alpenmosaik Montafon](#)

Sicherheitstipps für Wandern in Vorarlberg

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps
