

Circular route Kristberg (small)

EASY

RUNDTOUR

BERGBAHNAUF-/ABSTIEG



Tour description

Bergstation Kristbergbahn - Säga - Pfaua - Stelzer - Bergstation Kristbergbahn
The snowshoe routes are in open terrain. Use at your own risk.

Approach

Drive on the A14 to the Bludenz/Montafon exit and continue on Montafonerstraße L188 to Schruns. From Schruns, you reach Silbertal.

Public transport

Just leave your car standing

The regional buses operate throughout Montafon. The main lines run every half hour from Schruns station.

Bus stop at the start/finish of the route: **Silbertal Kristbergbahn / Line 88**

Timetable: www.vmobil.at

Arrival by train to Montafon

From Bludenz station, the Montafonerbahn runs hourly (partly every half hour). There are also direct connections from Lindau (D) and Bregenz.

Timetable: www.oebb.at

Parking

Parking lots are located near the Kristbergbahn

Directions

The small snowshoe route starts at the top station of the Kristbergbahn and first follows the winter hiking trail and the panoramic cross-country ski trail valley inward. In the Säga area, turn right and follow the winter hiking trail valley downward to the Pfaua area. Pass hay barns through a beautifully snow-covered winter landscape. After some time, you reach the Stelzer exit point, which is slightly below the top station. In the Stelzer area, turn right and follow the path uphill. It goes straight up to the top station. After about a quarter of an hour, you reach the starting point.

01:00 h duration	1,91 km Length
1463 m Highest point	1354 m Lowest point
111 m Ascent	110 m Descent

Tour type

Snowshoeing, Bergbahnauf-/abstieg, Round trip

Difficulty

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 Easy

Elevation profile

Condition

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Technique

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Difficulty

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Result

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Landscape

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Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
✓	✓	✓			
JUL	AUG	SEP	OKT	NOV	DEZ
					✓

Equipment

Sturdy footwear for snowshoes, careful planning, study avalanche report (www.vorarlberg.at/vorarlberg/sicherheit_inneres/sicherheit/landeswarnzentrale/weitereinformationen/lawinenwarndienst/ziel.htm), for avalanche emergency: avalanche transceiver, shovel, and probe (standard),

Tips

This route is marked with the green number 11 on the overview map "Aktivkarte Schnee". The map is available free of charge at the Montafon tourist offices.

Snowshoe hikes are endurance sports. Before the snowshoe season, train basic endurance in other endurance sports. The valuable stress stimuli for the heart and circulation require health and good self-assessment. Avoid time pressure and increase the intensity and duration of your routes gradually. Fluids, energy, and breaks are necessary to maintain performance and concentration. Hot, isotonic drinks are ideal thirst quenchers and heat providers. Muesli bars, dried fruit, and cookies satisfy small hunger on the way.

Destination

Bergstation Kristbergbahn

Starting Point

Bergstation Kristbergbahn

Sicherheitstipps für Schneeschuhwandern in Vorarlberg

NOTRUF:

140 - Alpine Notfälle Österreichweit

144 - Alpine Notfälle Vorarlberg

112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

Wetterbedingt kann es vorkommen, dass die Routen nicht täglich frisch gespurt werden. Je nach Schnee- und Wetterverhältnissen kann es zu Änderungen kommen.

www.vorarlberg.travel/sicherheit-am-berg-winter/
