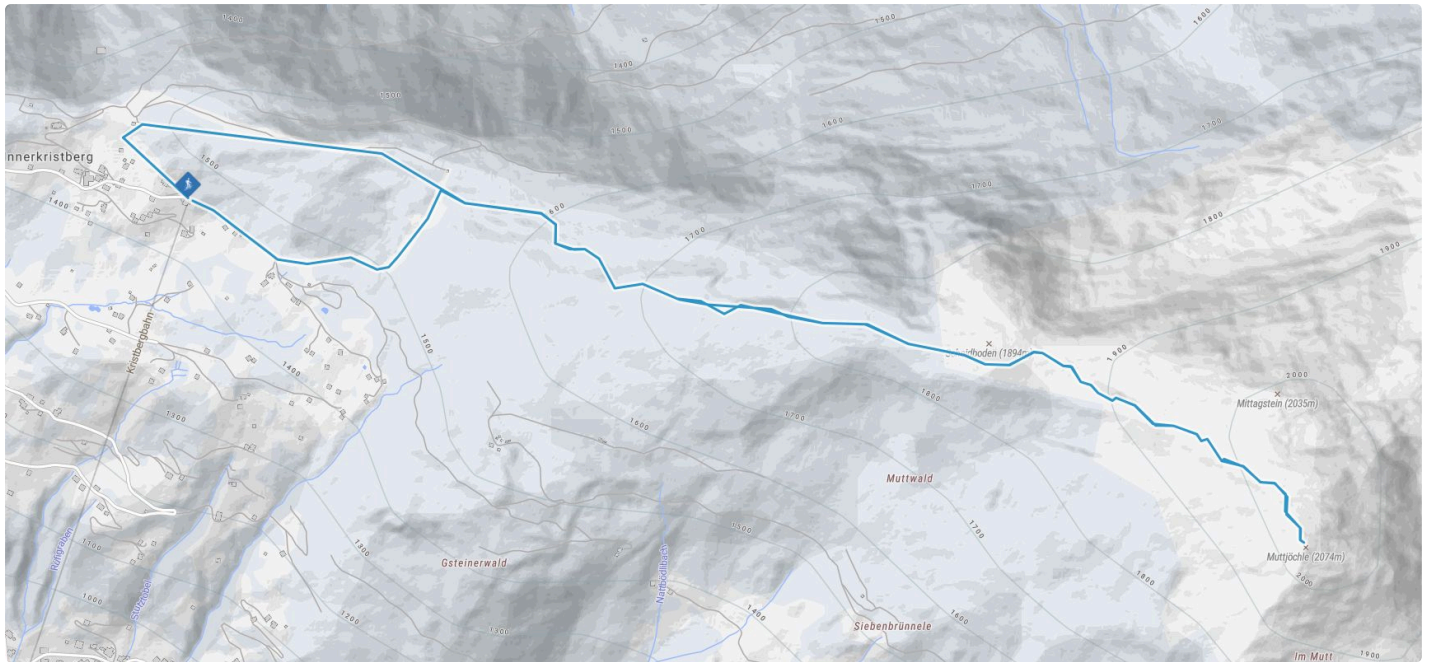


Ski tour Muttjöchle (2,074 m)

EINKEHRMÖGLICHKEIT

BERGBAHNAUF-/ABSTIEG



Tour description

A nice beginner ski route with few vertical meters and a lot of experience value.

The pleasant incline is ideal for an enjoyable ski route. Basically, no switchback technique is required throughout the entire route. The ascent is rewarded with a panoramic summit, with views of the Verwall and the Arlberg area. The descent takes place near the ascent track.

 **02:28 h**
duration

 **7,93 km**
Length

 **2068 m**
Highest point

 **1443 m**
Lowest point

↗ **613 m**
Ascent

↘ **625 m**
Descent

Approach

Coming from Bludenz, take the Bludenz/Montafon motorway exit and follow the L188 into the Montafon to Schruns. Then continue via Silbertalerstraße to Silbertal.

www.maps.google.com

Public transport

Just leave your car standing

The regional buses of the Montafonerbahn operate throughout the Montafon. The main lines run every hour from Schruns station.

From Schruns station you reach Silbertal with bus line 680. The stop is: "Kristbergbahn"

For the return journey

You can return from Silbertal to Schruns station with bus line 680.

mbs bus timetables

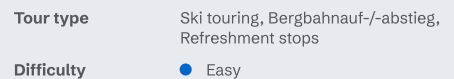
Arrival by train

From Bludenz station, the Montafonerbahn runs hourly (partly half-hourly). There are also direct connections from Lindau (D) and Bregenz.

mbs train timetable

Parking

Parking is available at the Kristbergbahn. (free of charge in winter)



Difficulty ● Easy

Elevation profile



Condition	1	2	3	4	5	6	7	8	9	10
Technique	1	2	3	4	5	6	7	8	9	10
Difficulty	1	2	3	4	5	6	7	8	9	10
Result	1	2	3	4	5	6	7	8	9	10
Landscape	1	2	3	4	5	6	7	8	9	10

Best time of year



Directions

The ascent leads from the Kristbergbahn mountain station to the middle of the practice lift. The ascent continues on the ski slope heading west and then southwest. The first destination is the Riedkopf drag lift mountain station. The path now goes slightly left (southwest) over a flat mountain ridge to the summit. The descent goes northeast (about 200 vertical meters) through a hollow to a plateau. From here, a short ascent leads to the mountain station of the drag lift. Now you can ski down the slope back to the starting point. (You can also take the return route via the ascent track.)

Equipment

Ski touring equipment, skins, if necessary crampons, ski poles, ski helmet, avalanche equipment with transceiver, avalanche probe and shovel, ski touring backpack (approx. 30 liters) with avalanche airbag and rain cover, ski touring boots, ski socks, warm and durable clothing in layers, ski touring jacket and pants, light gloves for the ascent, warm gloves for the descent, hat/headband, if necessary ski goggles, sun and rain protection, provisions and drinking water, thermos with hot drink, first aid kit, pocketknife, mobile phone, headlamp and reflectors, maps, bivy sack and rescue blanket

Tips

The professionals of the Montafon mountain guides recommend solid basic training, avalanche and risk management. We recommend you to do the guided ski tours with our Montafon mountain guides. You can find the program for the tours at www.montafon.at/skitouren

Destination

Silbertal, Kristberg mountain station

Starting Point

Silbertal, Kristberg mountain station

Sicherheitstipp für Skitouren in Vorarlberg

NOTRUF

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

Trotz guter Beschilderung ist bei schlechtem Wetter (Nebel, starker Schneefall) um Vorsicht geboten. Die Entscheidung und Verantwortung liegt nach wie vor bei jedem Skitourengeher selbst. Bitte beachten Sie: Diese Tour ist nur möglich, wenn die Strecke geöffnet ist. Aufgrund von zu hoher Lawinengefahr kann es vorkommen, dass die Wege zur Schattenlaganhütte gesperrt werden müssen. Achten Sie auf den Lawinenlagebericht und auf Hinweistafeln und Wegsperrern am Beginn der Strecke.

www.vorarlberg.at/lawine

www.vorarlberg.travel/sicherheit-am-berg-winter/
