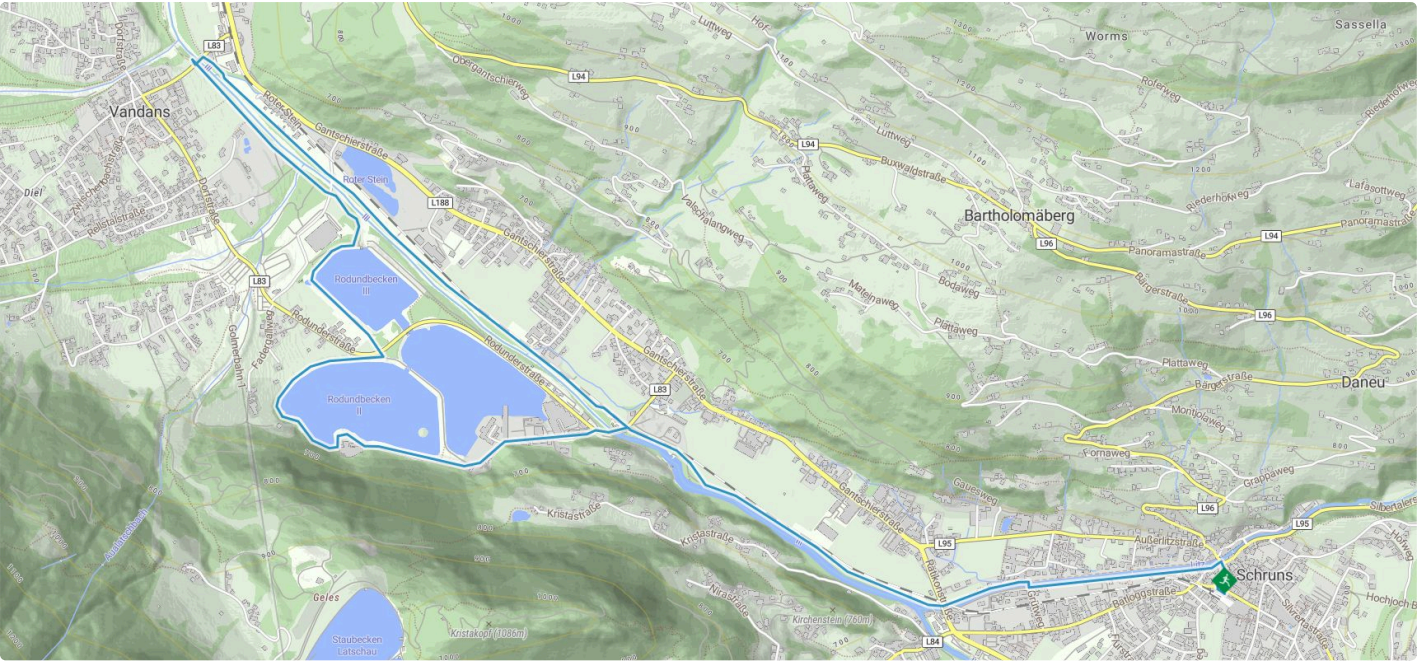


Litzpromenade/Illweg and lake circuit

EASY

RUNDTOUR



Tour description

Schruns train station - Litzpromenade - Illweg - Vandans train station - Vandans swimming pool - ELB-Form company - Rodund balancing basin - Kaltenbrunnen train station - Illweg - Litzpromenade - Schruns train station

The paths are partly paved and very suitable for jogging. On the Litzpromenade, paths on the left and right of the Litz lead down to Tschagguns, where a beautiful view of the Golm or the Zimba with the Vandanser Steinwand opens up. If you like, you can take a break at the Hosensee in Gantschier. Directly by the lake is the fisherman's hut, which is open from April to October. You can refresh yourself there.

01:20 h
duration

8,33 km
Length

688 m
Highest point

631 m
Lowest point

76 m
Ascent

110 m
Descent

Public transport

www.vmobil.at

Parking

Underground parking at Schruns train station - be sure to get a ticket and place it visibly on the windshield

Directions

The route starts at the train station in Schruns. A few meters above Schruns train station the Litzpromenade begins. Here you can follow the route either to the left or right of the Litz. After arriving at the train station in Tschagguns, cross the main road and follow the Illweg, which leads you to Vandans. At Kaltenbrunnen train station you cross a road or directly at the Hosensee. After crossing the road by the Hosensee, follow the path straight ahead. The section to Vandans is on a gravel path, partly through the forest. When you reach the road in Vandans, you can go left over the bridge. After the bridge, follow the Illweg back to Schruns. The path leads past the swimming pool and over a bridge and through a short forest section. After the forest section, you cross another road and then the path becomes gravel again. This takes you directly to the lakes. Once above, follow the path to the right, which leads you directly past the bowling alley. You cross the road and keep right. You pass the Rodundwerk II, where the path ends. Follow the road to the main road, which you then cross. Over the bridge you reach Kaltenbrunnen train station, where you turn right into Illweg towards Tschagguns. At Tschagguns train station, cross the main road and follow the Litz dam back to Schruns.

Tour type
Trail running | Running, Round trip

Difficulty
Easy

Elevation profile



Condition
Technique
Difficulty

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
✓	✓	✓	✓	✓	✓
JUL	AUG	SEP	OKT	NOV	DEZ
✓	✓	✓	✓	✓	✓

Safety instructions

EMERGENCY CALL:
140 Alpine emergencies throughout Austria
144 Alpine emergencies Vorarlberg
112 Euro emergency call (works with any mobile phone/network)
www.vorarlberg.travel/sicherheitstipps

Destination

Schruns train station

Starting Point

Schruns train station