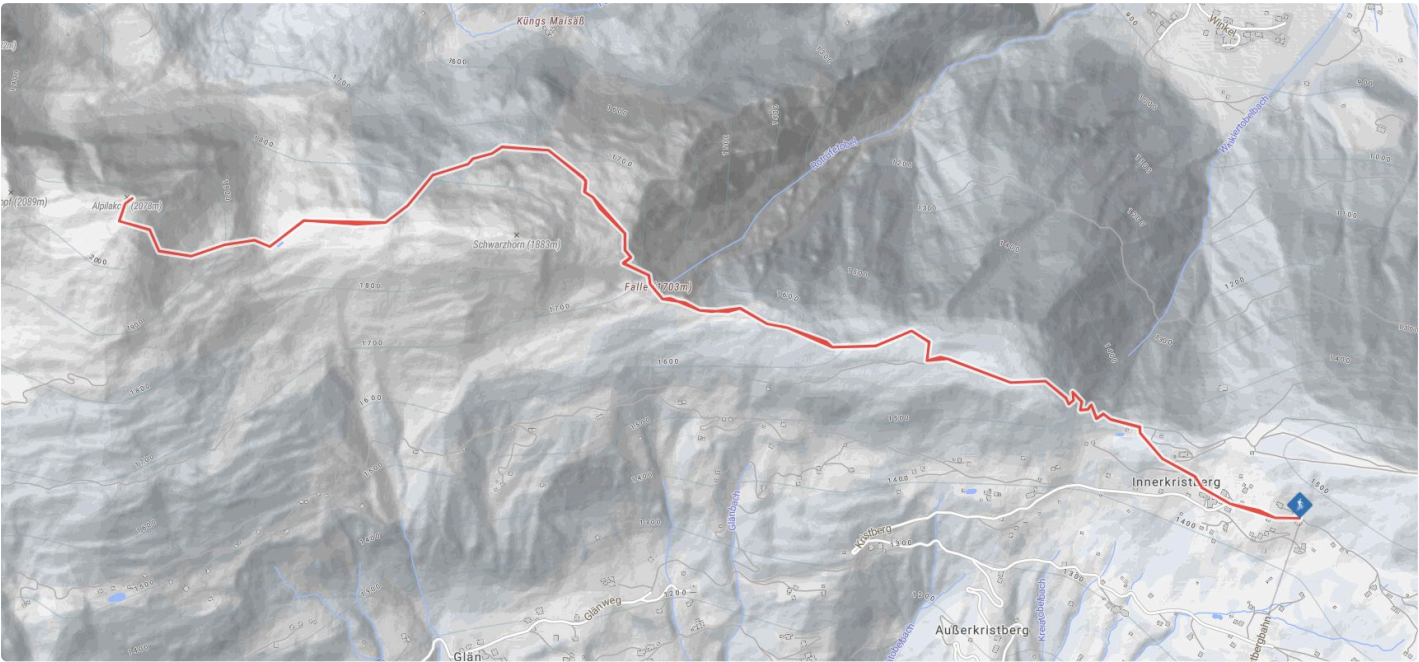


Kristberg to Alpilakopf (via Obere Wies)

Moderate

Bergbahnauf-/abstieg



Tour description

Kristberg cable car top station - Silbertaler Forest School - Ganzaleita - Fella - Obere Wies - Alpilakopf - various descent options

From Obere Wiese you can enjoy a great panoramic view of the surrounding mountain world. This ski tour has a difficulty level from moderate to difficult.

Descents:

Various descent options to Bartholomäberg or Innerberg are available.

Tour Extension:

Passing Itkonskopf and onto the Wannaköpfe are the perfect extensions for this ski tour. Then the descent over Almein, Fritzenssee to Bartholomäberg is recommended.

Splitboard suitable!

Approach

www.google.at/maps

Public transport

www.vmobil.at

Parking

Kristberg valley station. Since you can no longer return to the starting point, it is recommended to travel by public transport.

 02:30 h duration	 9,5 km Length
 2078 m Highest point	 1431 m Lowest point
 658 m Ascent	 658 m Descent

Tour type

Ski touring, Bergbahnauf-/abstieg

Difficulty

Moderate

Elevation profile



Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
✓	✓	✓			
JUL	AUG	SEP	OKT	NOV	DEZ

Directions

The tour starts at the Kristberg cable car top station and you can ski down to the Kristberg panoramic inn. The ascent begins and you climb up from the St. Agatha mountain miners' chapel towards Kristbergsattel. It is fairly flat to the Silbertaler Forest School. After the first breather, the ascent continues to the first viewpoint Ganzaleita. Once there, you can enjoy a very beautiful view into the neighbouring valley, the Klostertal. Further ascent to the second viewpoint, the Falla. From there you have an even better view of the neighbouring valley. In good weather and clear visibility, the Red Wall, which lies almost opposite, is nicely in view. Even the Flexen Pass road, which leads to the well-known little town of "Lech", can be seen. You follow the signpost towards Alpe Latons. It is almost flat around the Schwarzhorn until you then branch off to the left. First, one last steep ascent until you reach the ridge, the Obere Wiese, at the foot of Alpilakopf. From Obere Wiese, you are rewarded for your efforts here with a fantastic view. From the Obere Wiese, there are various descent options to Bartholomäberg or Innerberg.

Equipment

A careful planning of every ski tour is necessary. Consider the **avalanche report**. For avalanche emergencies, ski touring equipment must include an avalanche transceiver, shovel and probe (standard).

Tips

Skinning tours are endurance sports. The valuable strain stimuli for heart and circulation require health and good self-assessment. Avoid time pressure and gradually increase intensity and duration of your tours. Pay attention to energy reserves for the descent. Fluids, energy and breaks are necessary to maintain performance and concentration. Hot, isotonic drinks are ideal thirst quenchers and heat providers. Muesli bars, dried fruit and biscuits satisfy small hunger on the way.

TIP:

It is recommended to do the ski tour with the Montafon mountain guides. The "pros" will lead you into the wonderfully beautiful mountain world of Montafon. More information at www.montafon.bergfuehrer.at or www.montafon-guides.at. Individual tours are also offered.

Destination

Bartholomäberg or Innerberg

Starting Point

Silbertal, Kristberg cable car top station

Sicherheitstipp für Skitouren in Vorarlberg

NOTRUF

140 Alpine Nottfälle österreichweit

144 Alpine Nottfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

Trotz guter Beschilderung ist bei schlechtem Wetter (Nebel, starker Schneefall) um Vorsicht geboten. Die Entscheidung und Verantwortung liegt nach wie vor bei jedem Skitourengeher selbst. Bitte beachten Sie: Diese Tour ist nur möglich, wenn die Strecke geöffnet ist. Aufgrund von zu hoher Lawinengefahr kann es vorkommen, dass die Wege zur Schattenlaganhütte gesperrt werden müssen. Achten Sie auf den Lawinenlagebericht und auf Hinweistafeln und Wegsperrern am Beginn der Strecke.

www.vorarlberg.at/lawine

www.vorarlberg.travel/sicherheit-am-berg-winter/