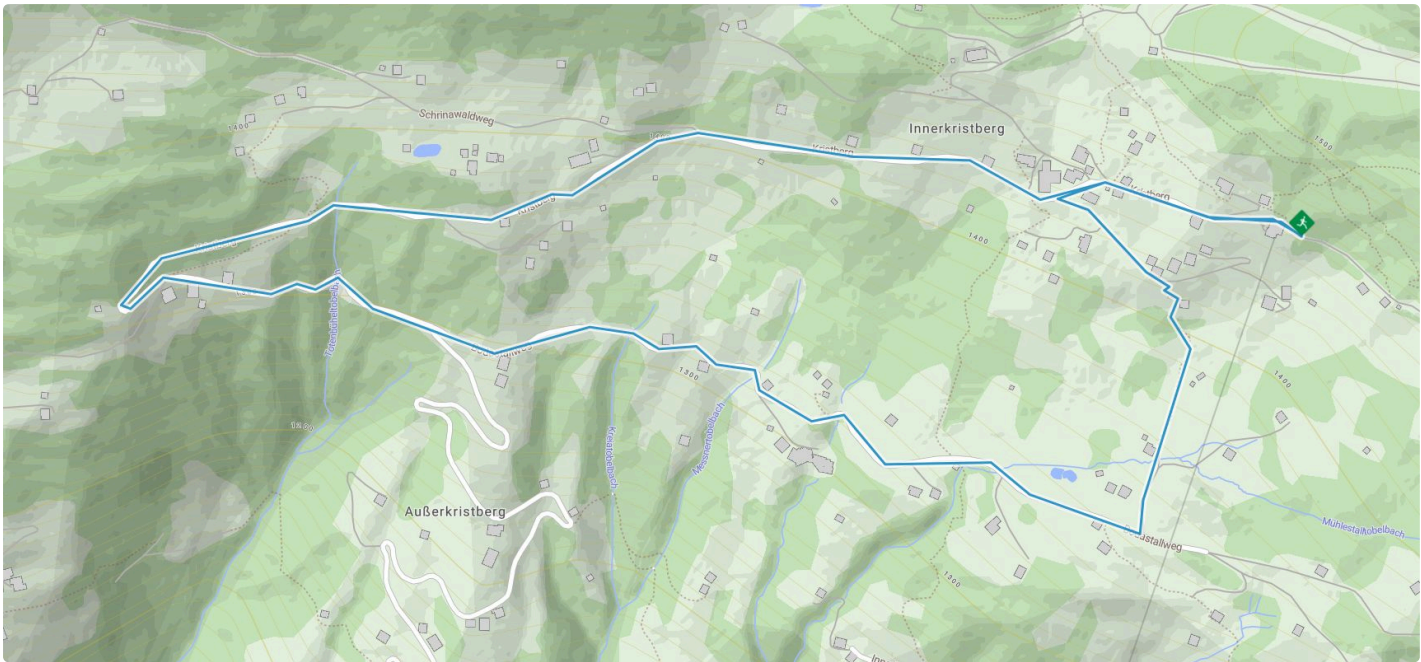


Bodastall loop

EASY

RUNDTOUR

BERGBAHNAUF-/ABSTIEG



Tour description

Kristbergbahn summit station - Kappu - Totabühel - Kristbergstraße - Bodastallweg - Stelzer - Kristbergbahn summit station

Short scenic running route with an ascent at the end. About 60% of the surface is asphalt.

Approach

Coming from Bludenz, take the Bludenz/Montafon highway exit and follow the L188 into the Montafon towards Schruns. Then continue via Silbertalerstraße into Silbertal. www.google.at/maps

Public transport

Just leave your car parked

The regional buses of Montafonerbahn run throughout the Montafon. The main lines operate hourly from Schruns train station.

From **Schruns train station** you can reach Silbertal with **bus line 680**. The **stop** is: "**Kristbergbahn**"

For the return trip

You can take bus line 680 from Silbertal back to Schruns train station.

[mbs bus timetables](#)

Travel by train

From Bludenz train station, the Montafonerbahn runs hourly (partly half-hourly). There are also direct connections from Lindau (D) and Bregenz.

[mbs train timetable](#)

Parking

Parking is available at the Kristbergbahn. (free in winter)

 01:00 h duration	 3,79 km Length
 1445 m Highest point	 1286 m Lowest point
 175 m Ascent	 175 m Descent

Tour type

Trail running | Running, Bergbahnauf/-abstieg, Round trip

Difficulty

●

 Easy

Elevation profile



Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
				✓	✓
JUL	AUG	SEP	OKT	NOV	DEZ
✓	✓	✓	✓		

Directions

The loop starts at the summit station of the Kristbergbahn (running route sign) and leads downhill past the Kristberg panorama inn towards Innerberg/Bartholomäberg. At the "Totabühel" junction, turn into Bodastallweg and follow it gently downhill to the "Stelzer" Kristbergbahn exit. Upon arrival, turn left onto the path. The last section is somewhat steep uphill to the summit station, and shortly after you reach the starting point.

Safety instructions

EMERGENCY CALL: 144

European emergency number: 112 (works with any mobile/network)

www.vorarlberg.travel/sicherheitstipps

Destination

Silbertal, Kristbergbahn summit station

Starting Point

Silbertal, Kristbergbahn summit station