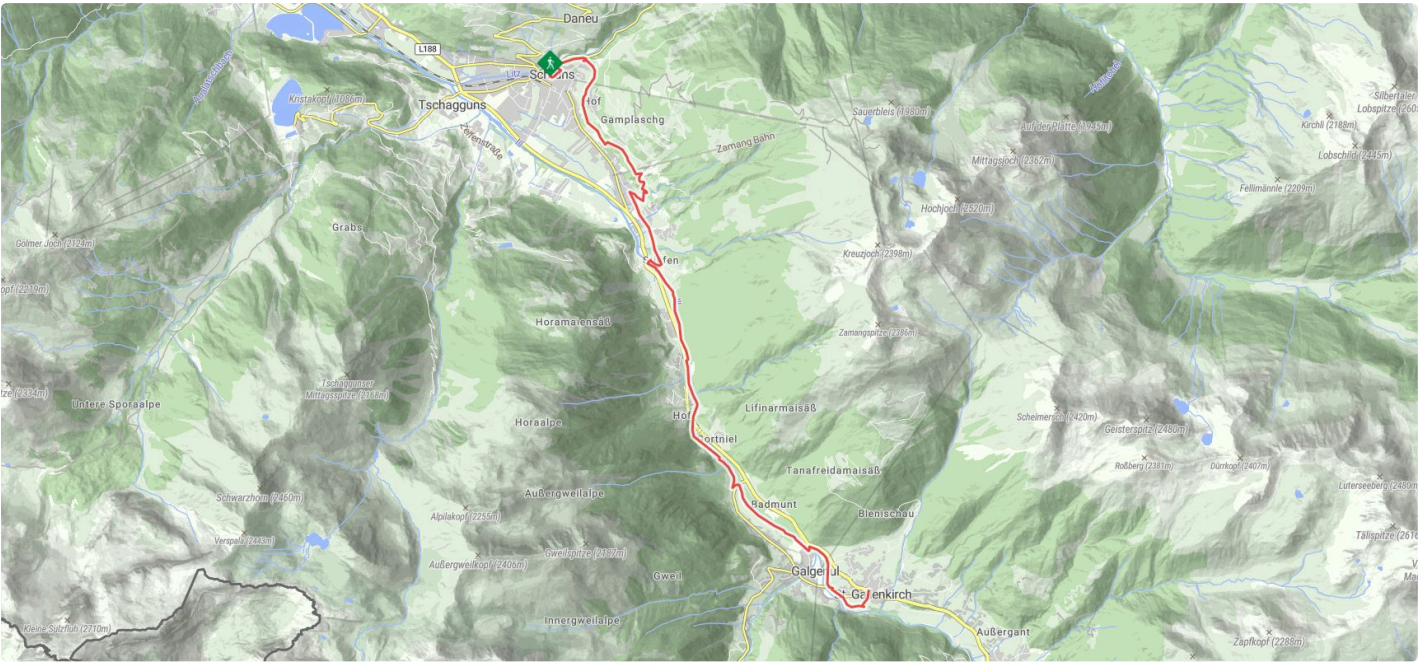


Montafon Valley Trail | Schruns to St. Gallenkirch

Moderate

Alpenmosaik - Tal



Tour description

The Talweg trail brings the valley’s natural environment to life and takes you from Schruns across the sunny side of the Montafon and along the Ill River all the way to St. Gallenkirch.

The Montafon Valley Trail brings the valley’s habitat—with its villages, scattered settlements, and agricultural lands—to life. It reveals just how closely the cultural landscape is intertwined with the lives and livelihoods of the people of Montafon.

The former Via Valtellina trade route is another historical feature of the tour. Especially in the morning, the trail offers pleasant, shaded, and cool stretches and repeatedly provides beautiful views of the Montafon landscape.

What is the Montafon Alpine Mosaic?

The Alpenmosaik Montafon brings the region’s scenic diversity to life. The four exploration areas—Verwall, Silvretta, Rätikon, and the valley—offer different perspectives on nature, landscape, and culture.

You can find more information about the Montafon Alpine Mosaic [HERE](#).

Starting Point - Directions - End Point

Starting Point

Schruns, downtown

Directions

From the town center in Schruns, the trail first leads you slightly uphill and above the valley floor along the local mountain, Kapell, toward Stiefen. Along the way, you’ll hike through the varied cultivated landscape above the valley floor.

From Stiefen, the trail continues further into the valley. You’ll cross the bridge over the Ill River and follow the walking trail toward St. Gallenkirch. In Galgenul, you’ll reach the Valisera Cable Car and the Grasjoch Cable Car. From there, follow the trail to the town center of St. Gallenkirch.

End Point

St. Gallenkirch, town center; parking available in the town center of Schruns (fee applies).

03:20 h duration	11,0 km Length
876 m Highest point	689 m Lowest point
328 m Ascent	141 m Descent

Start

Finish

Tour type

Difficulty

Schruns

Ortszentrum St. Gallenkirch

Hiking, Alpine mosaic – valley, Alpine mosaic

Moderate

Elevation profile

Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN

FEB

MÄR

APR

MAI

JUN

JUL

AUG

SEP

OKT

NOV

DEZ

Getting to the starting point

Getting to the Starting Point

The starting point for this tour is the town center of Schruns.

By public transportation:

The Montafon regional bus and the Montafonerbahn provide convenient and flexible travel throughout the valley. Trains and buses run regularly between the towns, every half hour or hourly, depending on the route. You can find the right connection [HERE](#). Bus stop at the start of this tour: Schruns Train Station / Bus stop at the end: St. Gallenkirch Center

By car:

Take the A14 to the Bludenz/Montafon exit, then follow the Montafoner Straße L188 to Schruns. Paid parking is available in the town center of Schruns.

Important Information

Be sure to wear weather-appropriate clothing and bring plenty of drinks.

Tips

Especially in the morning, the trail is pleasantly shady and cool. Be sure to allow enough time along the way to fully appreciate the diverse cultural landscape of the valley.

[Learn more about the Alpenmosaik Montafon](#)

Sicherheitstipps für Wandern in Vorarlberg

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps
