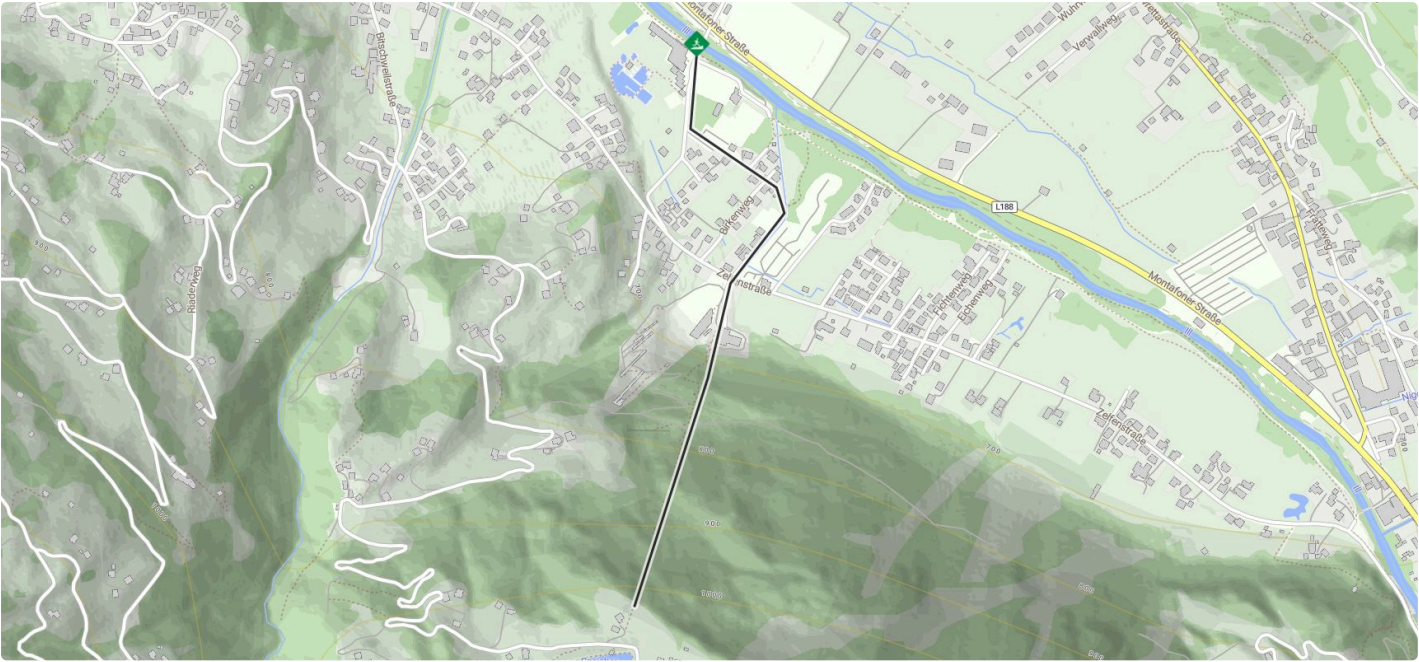


Aquastiege

DIFFICULT

EINKEHRMÖGLICHKEIT



Tour description

Aktivpark Montafon - E-Werk Gampadels - Aquastiege - Bitschweil

Extreme stair run that demands everything from even experienced mountain runners. Stairs can only be used uphill.
Surface: stairs, asphalt

 00:30 h duration	 1,26 km Length
 1060 m Highest point	 674 m Lowest point
 385 m Ascent	 1 m Descent

Approach

www.google.at/maps

Public transport

www.vmobil.at

Parking

at Aktivpark Montafon in Schruns-Tschagguns

Directions

The starting point is at Aktivpark Montafon in Schruns-Tschagguns. Via the street "Waldweg" and Birkenweg you reach the E-Werk Gampadels in the Zelfen area. Right next to it is the Nordic Montafon sports center with the modern ski jump facility. Behind the E-Werk Gampadels is the entrance. The route leads up about 914 steps along the Aquastiege next to a pressure pipeline up to a turnstile, just below Wirtschaft Bitschweil (place to stop for refreshments).

Tip:

You return either via Bitschweilstraße or over Böldmenstein and the Ill promenade.

Start

Finish

Tour type

Difficulty

Aktivpark Montafon

Wirtschaft Bitschweil

Trail running | Running, Refreshment stops

● Difficult

Elevation profile



Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN

FEB

MÄR

APR

MAI

JUN

JUL

AUG

SEP

OKT

NOV

DEZ

Safety instructions

EMERGENCY CALL:

- 140 Alpine emergencies throughout Austria
- 144 Alpine emergencies Vorarlberg
- 112 European emergency number (works with any mobile phone/network)

www.vorarlberg.travel/sicherheitstipps

Destination

Wirtschaft Bitschweil

Starting Point

Aktivpark Montafon in Schruns-Tschagguns