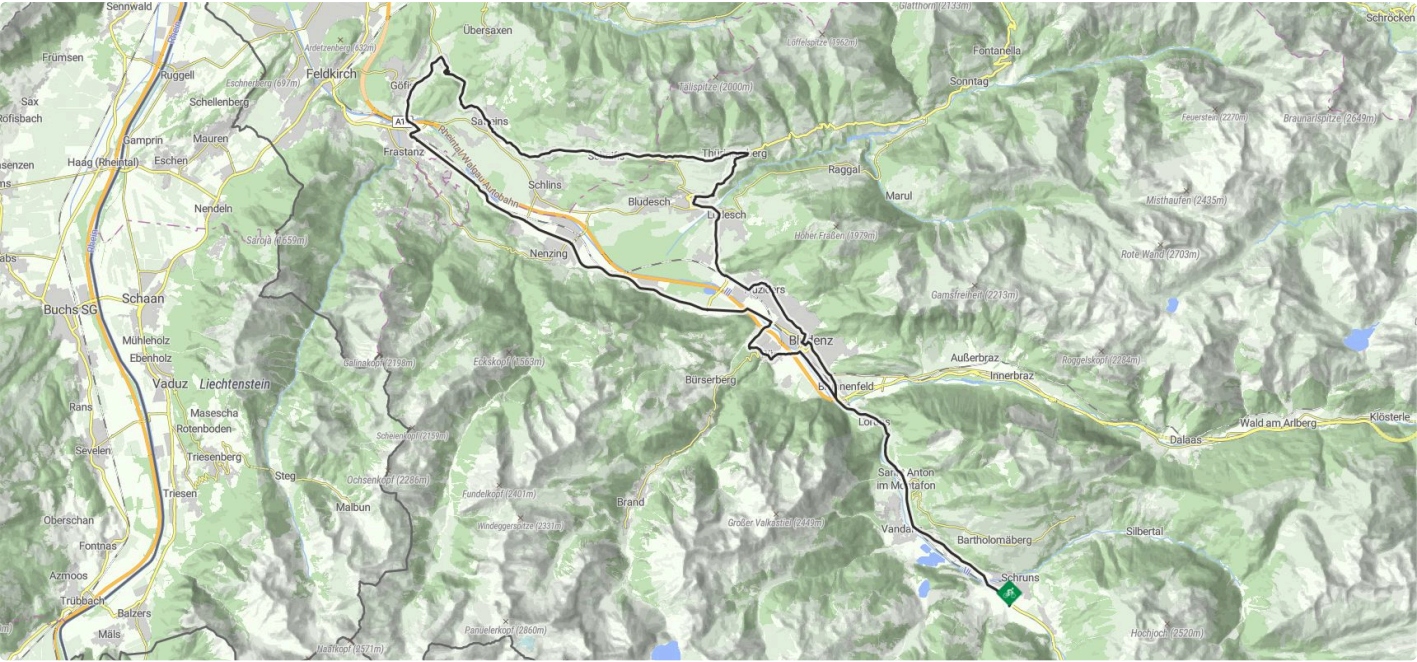


Montafon - Walgau round

DIFFICULT

EINKEHRMÖGLICHKEIT

RUNDTOUR



Tour description

From the Montafon into the Walgau and back via a scenic loop: This extensive bike tour connects diverse landscapes, towns, and viewpoints. Covering about 73 kilometers with an elevation gain of approximately 807 meters, the tour requires a good level of fitness, while longer, easy-to-ride sections ensure a well-balanced experience.

The starting point is the **Aktivpark Montafon in Schruns-Tschagguns**. From here, the route first takes you out of the valley via Vandans and Lorüns to **Bludenz** and on to **Nüziders**.

Now you'll leave the valley floor and tackle the longer climb up toward **Thüringerberg**. As you gain elevation, beautiful views of the Walgau and the surrounding mountains open up. The route then continues via **Schnifis** to **Satteins**.

From there, head toward **Schwarzer See**, which is a great spot for a short break. The loop then leads back down via **Göfis** to **Frastanz**.

Once you arrive in the Walgau, continue along the route to **Nenzing** and then back toward **Nüziders**. From there, the loop heads once again toward the Brandnertal. At the appropriate turnoff, head toward **Bürs** and you'll eventually return to Bludenz.

From Bludenz, the final leg takes you back to the Montafon. Via Lorüns and Vandans, you'll eventually reach the **Aktivpark Montafon in Schruns-Tschagguns** once again.

Nature of the Tour

The Montafon-Walgau Loop thrives on the contrast between the valley floor and higher elevations. While longer sections through the Walgau are relatively easygoing, the climbs add elevation gain and a challenging variety to the tour.

At approximately **73.3 kilometers**, with **807 meters of elevation gain and loss**, and a riding time of about **6.5 hours**, this loop is an extensive day trip for cyclists in good physical condition.

Important Information

Note on the route:

Parts of the GPX route run along federal highways. Alternatively, you can always switch to bike paths. These are mostly paved and only occasionally covered with fine gravel.

 06:30 h duration	 73,3 km Length
 874 m Highest point	 468 m Lowest point
 807 m Ascent	 807 m Descent

Start

Finish

Tour type

Difficulty

Aktivpark Montafon

Aktivpark Montafon

Refreshment stops, Round trip

● Difficult

Elevation profile



Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN

FEB

MÄR

APR

MAI

JUN

JUL

AUG

SEP

OKT

NOV

DEZ

Tips

Schwarzer See: This small mountain lake between Satteins and Göfis is the perfect spot for a break away from the larger towns.

Discover the towns: Bludenz, Schnifis, Satteins, Frastanz, and Nenzing offer great opportunities to combine the tour with a stop for refreshments or a brief break.

Pace Yourself: The climb toward Thüringerberg doesn't begin until after a few kilometers. Pace yourself accordingly and make sure to bring enough food and water for the entire loop.

Customize your tour: Since the route passes through several larger towns in the Walgau region, you can shorten it or tailor it to your needs at various pointsalong the way.
