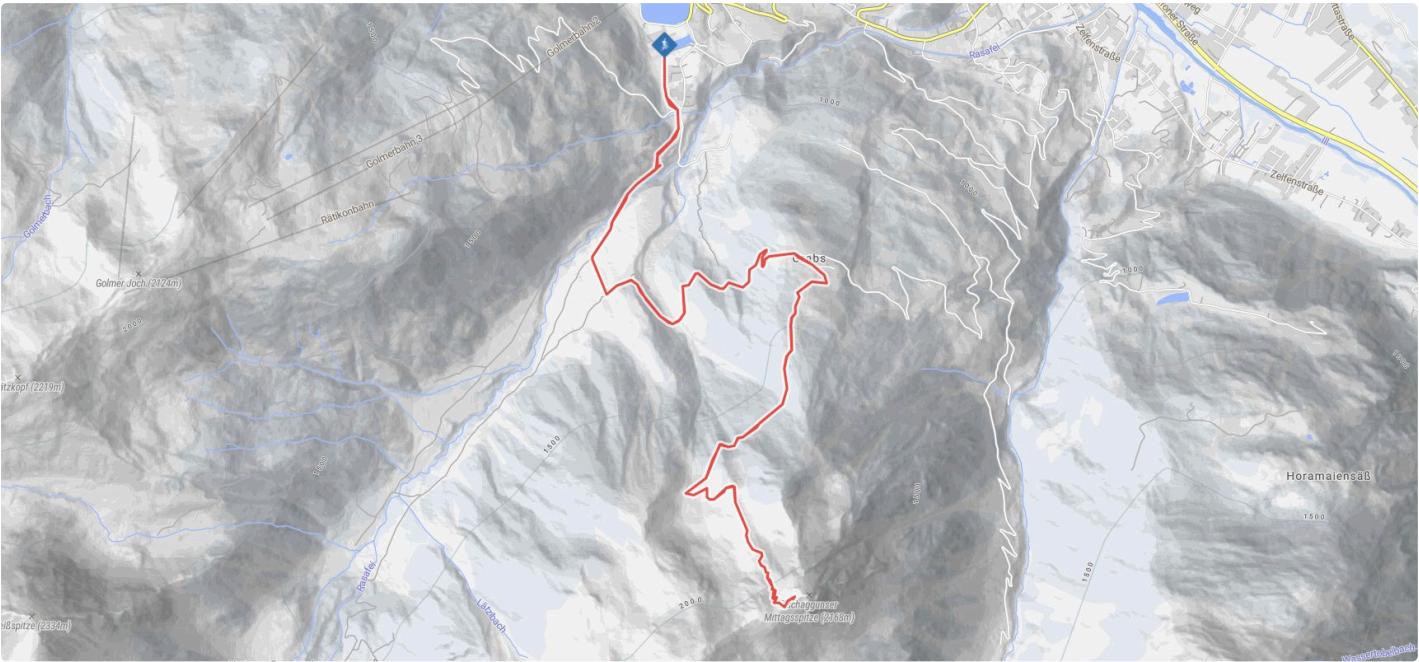


Ski tour to the Tschaggunser Mittagspitze

MODERATE

RUNDTOUR



Tour description

Latschau - Gauertal - Grabs - Alpilaalpe - Tschaggunser Mittagsspitze - Alpilaalpe - Kessi - Gauertal - Latschau

The tour is not particularly difficult until shortly before the summit. The summit itself is only difficult to reach on rock. From the summit, you have a fantastic view of the opposite mountain world, the Tilisunahütte, Weißplatte, Sulzfluh, and Drei Türme.

Accessibility of the summit:

The ski tour to the summit of the Tschaggunser Mittagspitze is only recommended under very safe conditions and for sure-footedness.

Approach

www.maps.google.com

Coming from Bludenz, take the Montafon exit onto B188 to Kreuzgasse in Schruns/Tschagguns, then follow Kreuzgasse or Latschauerstr. (Latschau hiking parking lot).

 04:00 h duration	 13,5 km Length
 2110 m Highest point	 1015 m Lowest point
 1093 m Ascent	 1095 m Descent

Tour type

Ski touring, Round trip

Difficulty

Moderate

Elevation profile



Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN

FEB

MÄR

APR

MAI

JUN

✓

✓

✓

✓

JUL

AUG

SEP

OKT

NOV

DEZ

Public transport

Just leave your car standing

The Montafonerbahn regional buses operate throughout Montafon. The main lines run hourly from Schruns station. With bus line 1, you can get from Schruns station to Latschau. You can get off at the terminal stop.

For the return trip:

From Silbertal, take bus line 1 to Schruns station.

[mbs bus timetables](#)

Arrival by train

The Montafonerbahn runs hourly from Bludenz station (sometimes every half hour). There are also direct connections from Lindau (D) or Bregenz.

[mbs train timetable](#)

Parking

Paid parking at the Latschau hiking parking lot (fees apply from 0 to 24 hours. A new day starts at 0:00).

Costs:

1 day: 3.00 €

2 days: 6.00 €

3 days: 9.00 €

For each additional day, 3.00 € must be paid. A ticket can be purchased for a maximum of 14 days.

Directions

The ascent starts from the parking lot near the fire station in Latschau and passes the permanent avalanche transceiver search field in Latschau towards Gauertal/Lindauer Hut. In the first forest section at the bridge over the creek, keep left on the main path that leads steeply upwards. After just under half an hour, you reach the open plains of Vollspora. Now head left towards the south via the winter hiking trail to Grabs. Once in Grabs, the ascent track runs in the area of the former ski slope up to Hocheggea and then continues along the forest road to Alpilaalpe. On the backside of Alpilaalpe, turn left towards a ridge and continue uphill. From here, it's about 400 vertical meters to the Mittagsspitze saddle. Here, there is a ski depot. You reach the summit via easy and partly exposed climbing along the west ridge. The onward path to the summit is only recommended for very sure-footed mountaineers/ski tourers.

Descents:

- One option is to follow the ascent route also for the descent.
- Another option is to descend below Alpilaalpe along the summer hiking trail through the forest towards Gauertal.
- **Note: The layout of ascent and descent tracks must be individually assessed and evaluated depending on snow, weather, and avalanche conditions.**

Equipment

Careful planning of every ski tour is necessary. Observe the [avalanche report](#). For avalanche emergencies, the ski touring equipment must include an avalanche transceiver, shovel, and probe (standard).

Tips

Ski touring is endurance sport. The valuable strain on the heart and circulation requires health and good self-assessment. Avoid time pressure and increase the intensity and duration of your tours slowly. Pay attention to reserves of strength for the descent. Fluids, energy, and breaks are necessary to maintain performance and concentration. Hot, isotonic drinks are ideal thirst quenchers and heat providers. Muesli bars, dried fruit, and biscuits satisfy small hunger on the way.

The ski tour to the Mittagspitze is a very demanding route. It requires that you are physically fit and completely free of dizziness. Good skiing skills are a prerequisite for the descent.

TIP:

It is recommended to do the ski tour with Montafon mountain guides. The "professionals" will lead you into the wonderfully beautiful mountain world of Montafon. More information at www.montafon.bergfuehrer.at or www.montafon-guides.at. Individual tours are also offered.

Destination

Tschagguns, Latschau hiking parking lot

Starting Point

Tschagguns, Latschau hiking parking lot

Sicherheitstipp für Skitouren in Vorarlberg

NOTRUF

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

Trotz guter Beschilderung ist bei schlechtem Wetter (Nebel, starker Schneefall) um Vorsicht geboten. Die Entscheidung und Verantwortung liegt nach wie vor bei jedem Skitourengeher selbst. Bitte beachten Sie: Diese Tour ist nur möglich, wenn die Strecke geöffnet ist. Aufgrund von zu hoher Lawinengefahr kann es vorkommen, dass die Wege zur Schattenlaganhütte gesperrt werden müssen. Achten Sie auf den Lawinenlagebericht und auf Hinweistafeln und Wegsperrern am Beginn der Strecke.

www.vorarlberg.at/lawine

www.vorarlberg.travel/sicherheit-am-berg-winter/