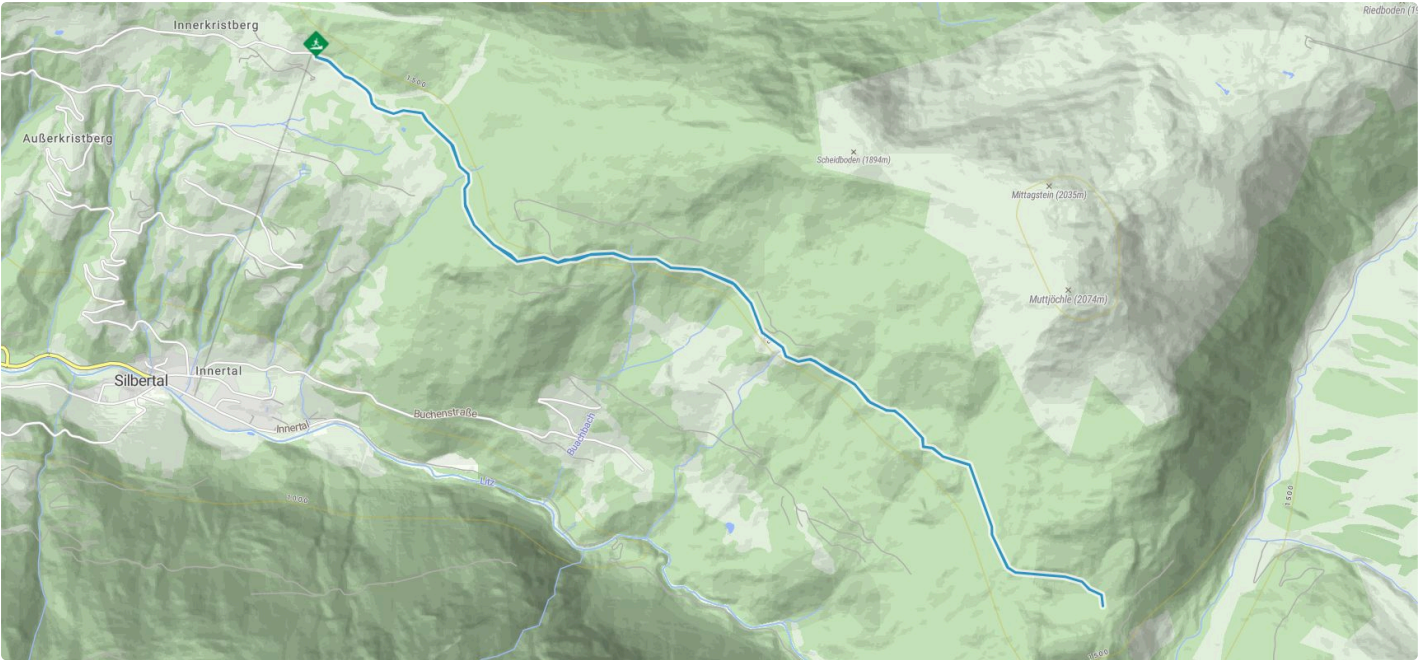


Wildried high route

EASY

BERGBAHNAUF/-ABSTIEG



Tour description

Kristbergbahn mountain station - Kneipp facility Siebenbrünnele - Wildried - return by the same route

Easy, optimal altitude training route. Relatively flat, continuous ascent and slightly downhill on the return. Relaxed route.

 01:47 h duration	 9,0 km Length
 1578 m Highest point	 1444 m Lowest point
 235 m Ascent	 235 m Descent

Approach

Coming from Bludenz, take the Bludenz/Montafon highway exit and follow the L188 into Montafon to Schruns. Then continue via Silbertalerstraße to Silbertal. <http://www.google.at/maps>

Public transport

Just leave your car standing

The regional buses of the Montafonerbahn operate throughout the Montafon. The main lines run hourly from Schruns station.

From **Schruns station** you can take **bus line 680** to Silbertal. The **stop** is: "**Kristbergbahn**"

For the return trip

You can return by bus line 680 from Silbertal to Schruns station.

[mbs bus timetables](#)

Arrival by train

The Montafonerbahn runs hourly from Bludenz station (some services every half hour). There are also direct connections from Lindau (D) and from Bregenz.

[mbs train timetable](#)

Parking

Parking is available at the Kristbergbahn. (free in winter)

Tour type

Trail running | Running, Bergbahnauf/-abstieg

Difficulty

● Easy

Elevation profile



Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
☐	☐	☐	☐	☒	☒
JUL	AUG	SEP	OKT	NOV	DEZ
☒	☒	☒	☒	☐	☐

Directions

The starting point is at the Kristbergbahn mountain station (information board for running routes) and leads along the wide path into the valley and slightly uphill. Wonderful views open up repeatedly. The distinctive mountain peak Lobspitze is your constant companion on the route. Through forest sections, you reach the Kneipp facility "Siebenbrünnele". Here, seven mountain springs come together. Those who want can take a kneipp bath here and enjoy the magnificent panorama at the same time. The route continues straight ahead and you then reach the Wildried high moor. You return to the starting point by the same path.

Safety instructions

EMERGENCY CALL: 144

European emergency number: 112 (works with all mobile phones/networks)

www.vorarlberg.travel/sicherheitstipps

Destination

Silbertal, Kristbergbahn mountain station

Starting Point

Silbertal, Kristbergbahn mountain station
