

No. 30: Large Zelfen Route Tschagguns (classic & skating)

EASY RUNDTOUR



Tour description

Accessible via the small Zelfen route or a short section via the connecting trail.

Height Golfplatzweg - Golf course - Golfclub Montafon - Golf course - Height Golfplatzweg

This snow-safe cross-country route leads you mostly over the golf course of the Golfclub Montafon. In shaded terrain and past residential houses, you do your rounds in classic or skating style. A beautiful valley view rewards your endurance.

Entry point:

You reach the large Zelfen route via the small Zelfen route and the connecting trail.

Approach

www.maps.google.com

Coming from Bludenz, take the Bludenz/Montafon highway exit and follow the L188 into Montafon to Schruns-Tschagguns. At the Rätikon junction, continue straight towards St. Gallenkirch and then follow the signs to Aktivpark Montafon and Golfclub Montafon.

 00:15 h duration	 1,31 km Length
 696 m Highest point	 687 m Lowest point
 9 m Ascent	 9 m Descent

Tour type Cross-country skiing, Round trip

Difficulty ● Easy

Elevation profile

Condition

Technique

Difficulty

Result

Landscape

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
✓	✓	✓	○	○	○
JUL	AUG	SEP	OKT	NOV	DEZ
○	○	○	○	○	✓

Public transport

Just leave your car parked

The regional buses of the Montafonerbahn operate throughout Montafon. The main lines run hourly from Schruns station.

From **Schruns station** you can reach Zelfen in Tschagguns with **bus lines 2a** or **2b**. The **stop** is: "**Steg**".

For the return journey

You can also get back from Zelfen to Schruns station with bus lines 2a or 2b.

[mbs Bus timetables](#)

Arrival by train

From Bludenz station, the Montafonerbahn runs every hour (partly every half hour). There are also direct connections from Lindau (DE) and Bregenz.

[mbs Train timetable](#)

Parking

Parking lots are located at the Golfclub Montafon and the Aktivpark Montafon.

Directions

The large Zelfen route starts at the height of Golfplatzweg and leads mostly over the golf course and past residential houses.

Tips

In Montafon, the cross-country skiing trails can be used free of charge.

Destination

Tschagguns, Zelfen, Height Golfplatzweg

Starting Point

Tschagguns, Zelfen, Height Golfplatzweg

Sicherheitstipps für Langlaufen in Vorarlberg

NOTRUF:

140 - Alpine Notfälle österreichweit

144 - Alpine Notfälle Vorarlberg

112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

Wetterbedingt kann es vorkommen, dass die Loipen nicht täglich frisch gespurt werden. Je nach Schnee- und Wetterverhältnissen kann es zu Änderungen kommen.

www.vorarlberg.travel/sicherheit-am-berg-winter/