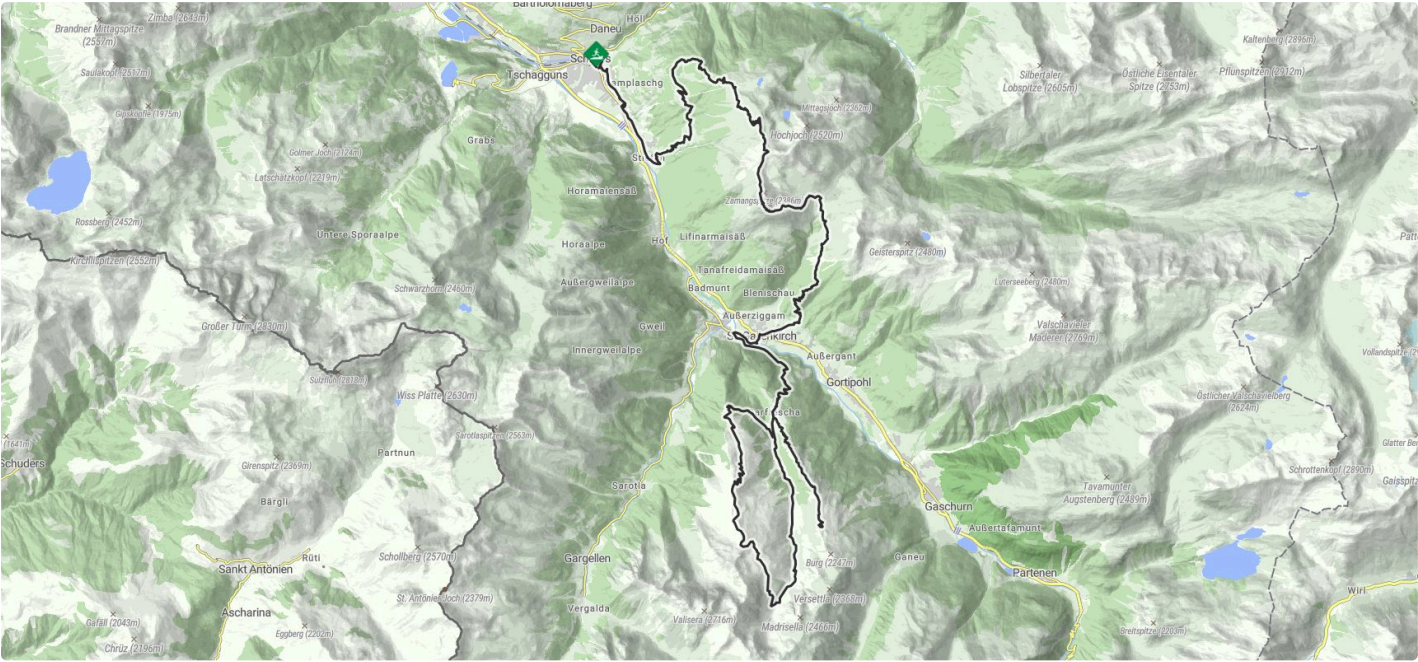


Montafon Totale Ultra 45: length 45 kilometers, 3,750 meters of elevation gain

DIFFICULT



Tour description

Schruns center - Sennigrat - Kreuzjoch - Wormser route - Grasjoch - Silvretta Park Montafon - Garfrescha - Valisera Bahn middle station - Valisera Bahn top station - Serres lake - Alpe Nova - Garfrescha - Gantekopf - Nova Stoba

You can find all information about the run event here: <https://www.montafontotale.at/ultra-45-km>

Hard, challenging, and unbelievably beautiful: At the Montafon Totale Trail, runners push their limits in the high-alpine terrain while marveling at the beauty of the Montafon mountain world.

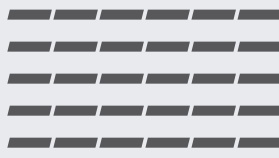
	11:05 h duration		44,5 km Length
	2396 m Highest point		682 m Lowest point
	3750 m Ascent		2417 m Descent

Tour type
Difficulty

Trail running | Running
● Difficult

Elevation profile


Condition
Technique
Difficulty
Result
Landscape



Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
☐	☐	☐	☐	☐	☒
JUL	AUG	SEP	OKT	NOV	DEZ
☒	☒	☒	☒	☐	☐