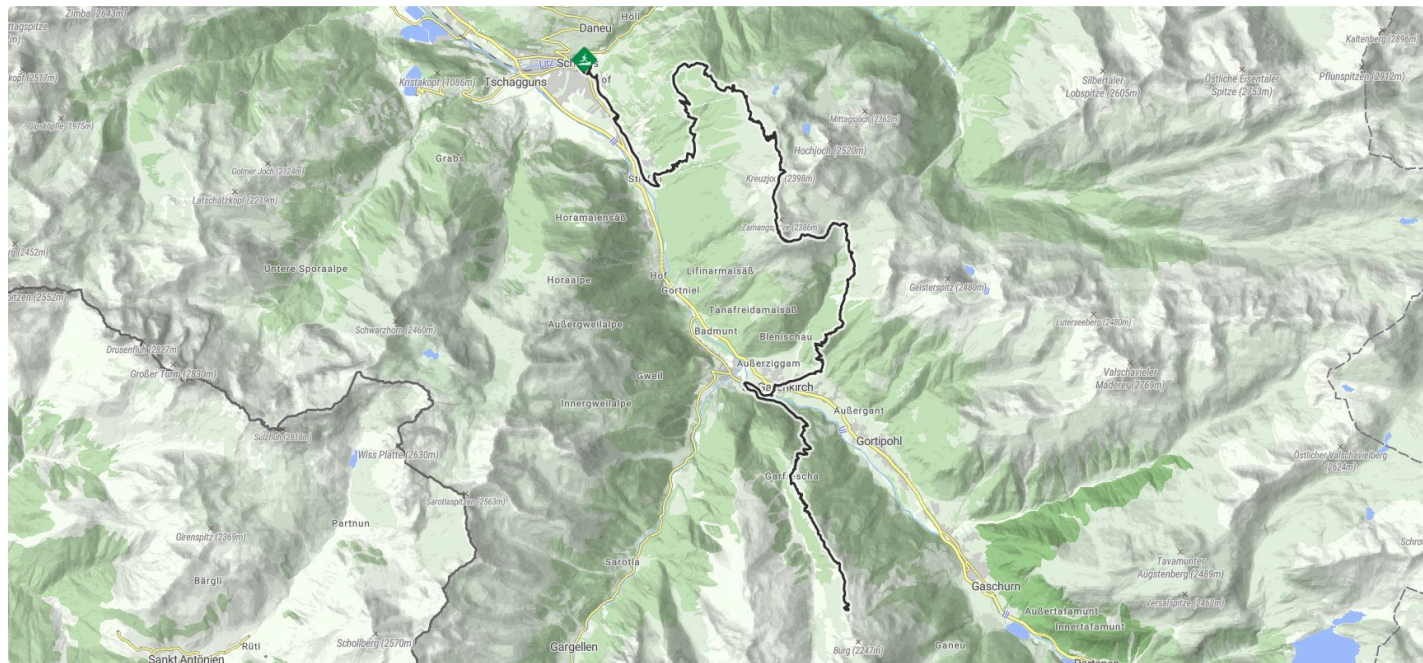


Montafon Totale Trail 31: length 31 km, 3,000 meters of elevation gain



DIFFICULT



Tour description

Schruns center - Sennigrat - Kreuzjoch - Wormser trail - Grasjoch - Silvretta Park Montafon - Garfrescha - Gantekopf - Nova Stoba

All information about the running event can be found here: <https://www.montafontotale.at/trail-31-km>

Hard, challenging, and incredibly beautiful: in the Montafon Totale Trail, runners push their limits in the high alpine terrain while marveling at the beauty of the Montafon mountain world.

 08:30 h duration	 31,0 km Length
 2396 m Highest point	 682 m Lowest point
 3000 m Ascent	 1660 m Descent

Tour type Trail running | Running

Difficulty ● Difficult

Elevation profile

Condition 

Technique 

Difficulty 

Result 

Landscape 

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
					
JUL	AUG	SEP	OKT	NOV	DEZ
					