

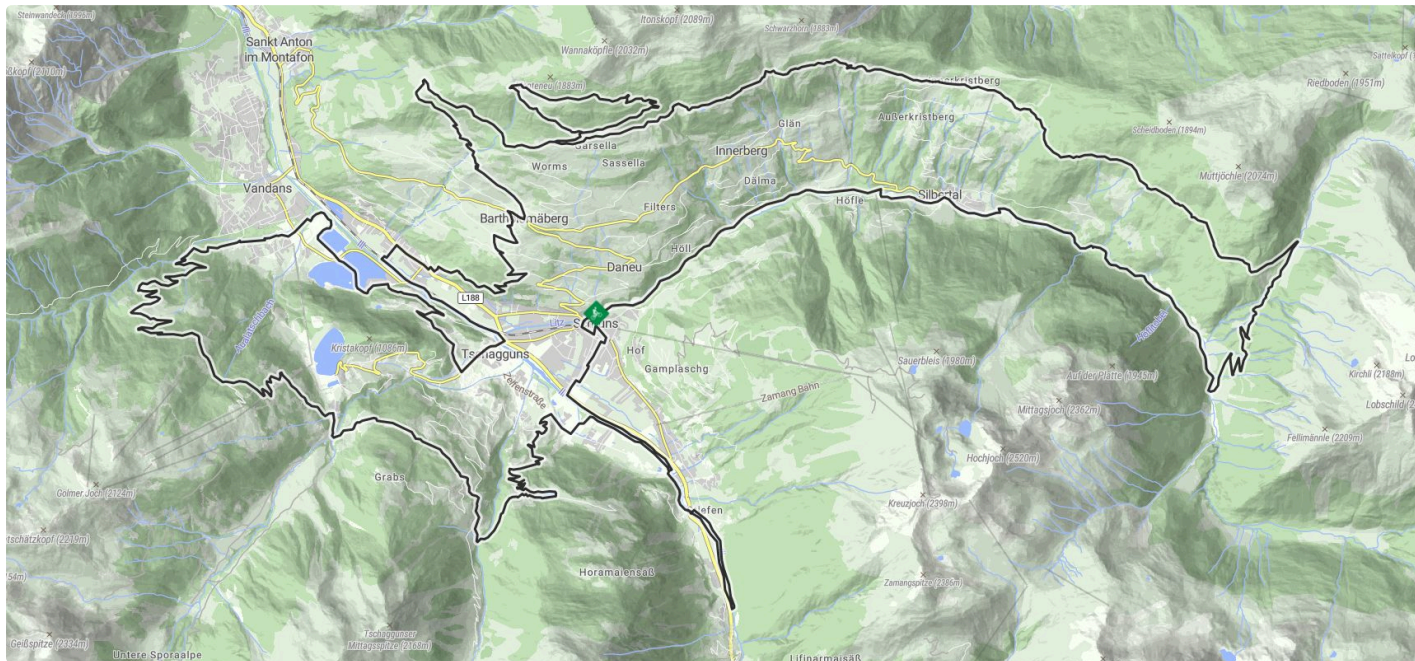
M³ Montafon Mountainbike Marathon - route

M³ 2025 // sections only rideable on race day!

DIFFICULT

EINKEHRMÖGLICHKEIT

RUNDTOUR



Tour description

The route for our M3 - Mountainbike Marathon 2025 covers 75 km and 2500 m of elevation gain.

This route demands a very high level of fitness from the riders. Sufficient time and adequate provisions are indispensable for this route.

This course of the Montafon Mountainbike Marathon is a sporting challenge. The entire route may only be ridden in full on race day. On this route, you move through almost the entire Montafon and see it from its different sides. The landscape differences could not be greater. You get the feeling that nature tries to outdo itself in beauty. But you can also learn interesting facts about electricity generation and hydropower along the route. Wonderful viewpoints and cultural highlights pepper this route from start to finish.

Important information for mountain bikers and hikers during race time from approx. 8:00 to 11:30 am in Silbertal:

During the M³ Montafon Mountainbike Marathon all paths remain usable. On the Silbertal - Hasahüsl - Hochmoor "Wildried" - Kristberg section, many mountain bikers must be expected from about 8:00 am to about 11:30 am, some of whom travel at high speeds. All participants have been advised to ride considerately. We ask path users to be especially alert as participants of the M³ Montafon Mountainbike Marathon are racing. The road from Silbertal to Kristberg is a private road, which may only be used by authorized persons (valid authorization required). Unauthorized use may result in a fine of €700.00.

The following sections may only be ridden on race day!

- **Bartholomäberg** - Grünerwald Weg (Bartholomäberg towards Schruns)
- **Bartholomäberg** - Hiking trail Rellseck towards Sailers Legi
- **Bartholomäberg** - Baroque church to Gantschier
- **Tschagguns** - Junkersboden
- **Schruns** - Stermer Bridge to Schruns center



10:00 h
duration



75,4 km
Length



1741 m
Highest point



636 m
Lowest point



2500 m
Ascent



2500 m
Descent

Start	Ortszentrum
Finish	Ortszentrum
Tour type	(E-)Mountainbiken, Refreshment stops, Round trip
Difficulty	● Difficult

Elevation profile



Condition	████████████████████
Technique	████████████████████
Difficulty	████████████████████
Result	████████████████████
Landscape	████████████████████

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps

Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
☐	☐	☐	☐	☐	☒
JUL	AUG	SEP	OKT	NOV	DEZ
☒	☒	☒	☐	☐	☐