

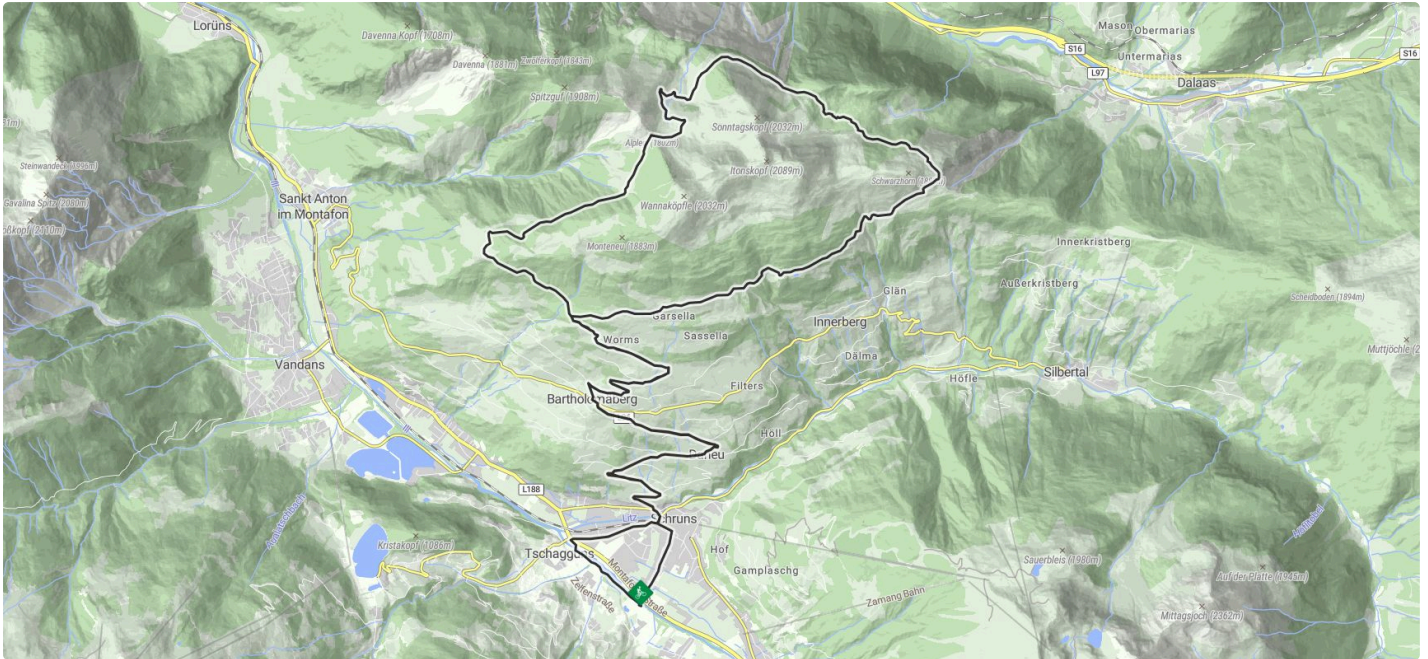
Tour around the Itonskopf



DIFFICULT

EINKEHRMÖGLICHKEIT

RUNDTOUR



Tour description

An e-mountainbike route that leaves nothing to be desired. With varied uphill and downhill sections, every biker will get their money's worth. Even the culinary side is not neglected. In a large loop, the Itonskopf is circled over different types of terrain. These range from gravel roads in the uphill sections to a wonderful singletrail descent.

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On the tour around the Itonskopf, you can already enjoy the mountain panorama in peace during your first stop in Bartholomäberg, away from the cable cars. After a short refreshment at the Alpengasthaus Rellseck, there are some challenging elevation meters to the highest point of the tour: Alpegi at 1,800 m, the transition from Montafon to Klostertal. After a short descent, you can stop at Alpe Latons during the summer months and try the traditionally made "Sura Kees." Then you need to grit your teeth again, because the approximately 30-minute crossing to the Falla is not easy to ride. Partially, pushing the bike is required on this section, as the path is heavily eroded in places. Efforts that are worth it. Upon reaching the Falla, it goes over "flowy" trails to the idyllic Fritzensee and further on to Bartholomäberg.

Hunting area notice: In the vicinity of Fritzensee, Falla, Küngsmaisaß, Alpe Latons, and Rellseck, you are in a hunting area.

It is therefore recommended to refrain from hiking, (e-)mountain biking, or similar leisure activities in this area from 5:00 p.m. to 8:00 a.m. (October 10 to 24), and from 4:00 p.m. to 8:00 a.m. (October 25 to approximately mid-December).

Thank you for your understanding.

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps



05:00 h
duration



32,4 km
Length



1802 m
Highest point



662 m
Lowest point



1324 m
Ascent



1324 m
Descent

Tour type

(E-)Mountainbiken, Refreshment stops, Round trip

Difficulty

● Difficult

Elevation profile



Condition



Technique



Difficulty



Result



Landscape



Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
○	○	○	○	✓	✓
✓	✓	✓	✓	○	○