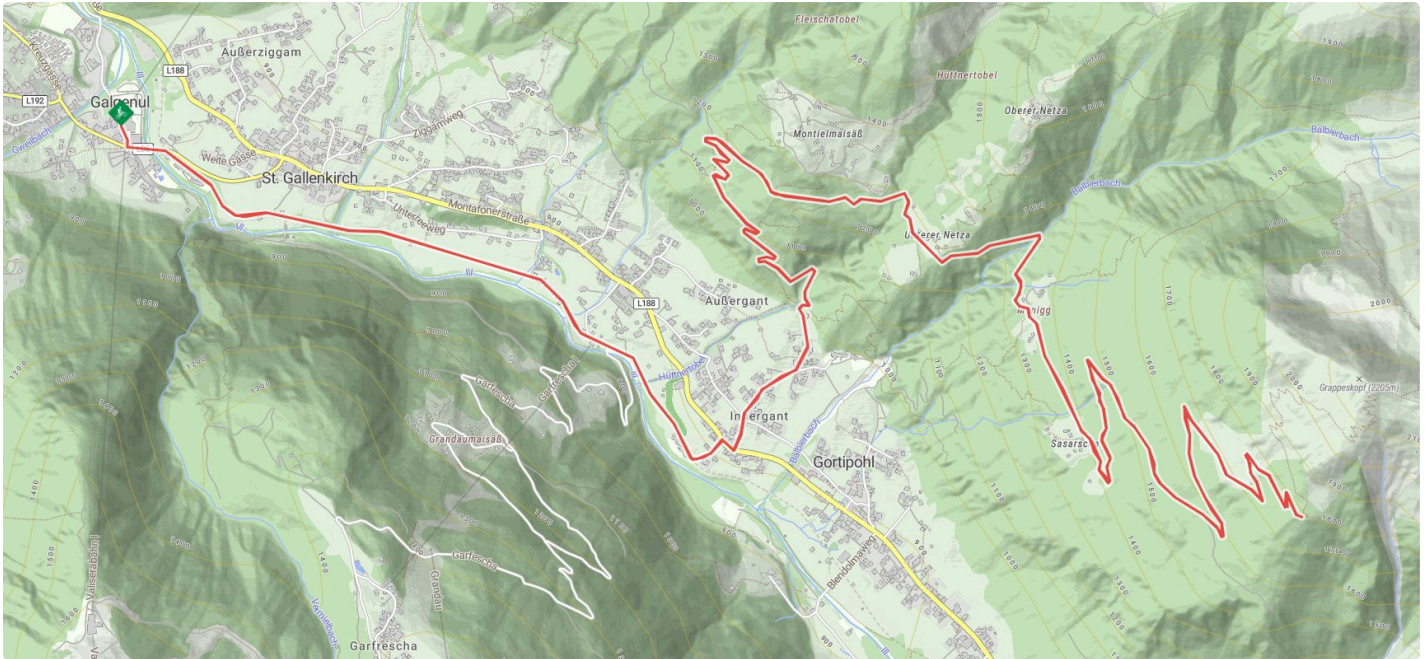


Bike & Hike Grappeskopf

MODERATE



Tour description

Silvretta Park Montafon (Valisera Bahn valley station) – Ill cycle path – Garfesch Bahn valley station – Außerergant – Bödnerkapelle – Monigg – Grappes – return via the same route

This route is very suitable for training. From St. Gallenkirch, about 1,000 meters of elevation gain – mostly on forest roads – must be covered to just below the Grappeskopf. With sturdy footwear you can reach the summit on foot in about 45 minutes. This option is popular with hiking and biking enthusiasts, as the approach otherwise takes a very long time. For safety, we recommend bringing a bike lock for your bike. There are no refreshment stops on this route.



03:30 h
duration



22,4 km
Length



1811 m
Highest point



816 m
Lowest point



1040 m
Ascent



1040 m
Descent

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

www.vorarlberg.travel/sicherheitstipps

Tour type

(E-)Mountainbiken, Bike & Hike

Difficulty

● Moderate

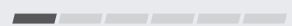
Elevation profile



Condition



Technique



Difficulty



Result



Landscape



Best time of year

JAN	FEB	MÄR	APR	MAI	JUN
☐	☐	☐	☐	☐	☒
JUL	AUG	SEP	OKT	NOV	DEZ
☒	☒	☒	☐	☐	☐